

Curriculum Vitae for Michael C. Geraci, Jr., MD PT

Curriculum Vitae

Michael C. Geraci, Jr., MD PT

Office Address: 52 S. Union Rd., Suite 202
Williamsville, NY 14221
Phone: 716-247-5320
Fax: 716-276-3034
E-mail: mgeraci7@gmail.com

Education:

State University of New York at Buffalo, Buffalo, New York
School of Medicine - Fifth Pathway Program, 1984
State University of New York, Education Department
Degree: Doctor of Medicine (M.D)

Universidad Autonoma de Guadalajara, School of Medicine, Guadalajara, Mexico
Clinical Clerkships: 3rd and 4th year @ Grant Hospital, The Ohio State University Medical School,
Columbus Ohio and Sisters' of Charity Hospital, Buffalo, NY, SUNY @ Buffalo School of Medicine
Degree: Physician and Surgeon, 1983

Daemen College, Amherst, New York
Bachelor of Science (Magna Cum Laude) in Physical Therapy, 1979

Niagara University, Niagara University, New York
Bachelor of Science in Business, 1975

Clinical Training:

Internship/Residency - SUNY at Buffalo - Affiliated Hospitals – School of Medicine and Biomedical Sciences
Physical Medicine and Rehabilitation 1984-1988
Chief Resident 1987-1988

Special Training:

Procedures
Regenerative Medicine
Platelet Rich Plasma (PRP), Bone Marrow Concentrate and Adipose Derived Cell Therapy Injections
Trigger Point Injections
Peripheral Joint and Bursal Injections
Spine: Fluoroscopic: Facet Joint/Epidural Injections: cervical, thoracic, lumbar Interlaminar and transforaminal
Selective Nerve Root Blocks/Sl Injections/shoulder & hip regional blocks with mobilizations
and manipulations
Peripheral Nerve Blocks
Ultrasound guided peripheral joint, nerve sheath, bursa, tendon sheath, and regenerative medicine injections
Musculoskeletal Ultrasound
Diagnostic
Guided Therapeutic Injections
Manual Medicine of the Spine and Extremities
Functional Exercises for the Spine & Extremities
Classification and Treatment of Pain using the:
Pain Mechanism Classification System
McKenzie Method (Mechanical Diagnosis and Therapy) Trained in Parts A, B, C and D

McGill Method (Trained in all Levels 1-3)
Orthotic Management & Treatment
Trilingual (English/Spanish/Italian)

Professional Licensure:

Medicine and Surgery, New York State License No. 162259
Physical Therapist, New York State License No. 6117

Professional Employment:

Michael C. Geraci, Jr., MD, P.C. (d.b.a. Geraci Spine and Sports Medicine), Medical Director, Owner, and founder
March 2013- Present
MASH: SOS (Spine/Occupational/Sports), Medical Director, December 2011-March 2013
Buffalo Spine & Sports Medicine, PC - President, Co-Founder, Fellowship Program Director, and Director of Sports
Medicine 1991 - 2011
Specializing in Spine, Sports Medicine & Musculoskeletal Disorders 1986 – Present

Board Certification:

American Board of Physical Medicine and Rehabilitation - Diplomate
Board Certified: Unlimited 5/18/89 (#3033)
American Board of Physical Medicine and Rehabilitation – Subspecialty-Sports Medicine
Board Certified 9-1-12 through 12-31-2022 (#361)

Specialty Areas:

Physical Medicine and Rehabilitation-Board Certified Specialty
Medical Spine Care
Sports Medicine
Spinal Injections-fluoroscopically guided
Manual Medicine
Musculoskeletal Ultrasound
Diagnostic
Therapeutic Injections
Regenerative Medicine
Platelet Rich Plasma
Cell Therapies
Bone Marrow Aspirate Concentrate
Micro-Fat
Functional Exercises
Developed Exercises for Osteoarthritis, Knee Meniscal Tears and Labral Tears of the Shoulder and Hip Joints
McKenzie Method
McGill Method
Pain Mechanism Classification System
Treatment Based Classification System

Honors and Awards:

Recipient, Best of Best Top Doctors List for Buffalo, NY by Castle Connelly, Ltd., 2024.
Recipient of Business First's Top 20 Health Care Professionals, 2020.
Daemen College Distinguished Alumni Award 2019: Advancement in Career.
Selected by peers to be included in America's Top Doctors list by Castle Connolly, Ltd., 2013-2024.
Who's Who in Medicine and Healthcare 2011, 2012, 2013, 2018, 2019, 2020, 2021 and 2022.
Recipient of one of the Top 50 Health Care Professionals, Business First, 2011.
Recipient of the Physiatrix Association of Spine, Sports and Occupational Rehabilitation Distinguished Clinician Award for 2006
Recipient of The Avalon Cole Lectureship Award, University of Virginia, Dept. of Physical Medicine and Rehabilitation, Charlottesville, VA, March 24, 2006
Recipient of Mike Hage Lectureship Award for Passion, Compassion & Willingness to Share, Rehabilitation Institute of Chicago, Chicago, Illinois, August 9, 2003.
Selected by peers to be included in the Best Doctors in America 2005-2018 database.
Recipient of Kessler Medical Rehabilitation Research and Education Corporation, Excellence in Clinical Practice Award, New Jersey, Procter & Gamble, March 30, 2000.
Recipient of Northwest University Medical School Department of Physical Medicine & Rehabilitation Prince Visiting Professor Fellowship Award: Rehabilitation Institute of Chicago, December 11, 1998.
Park-Pribadi Memorial Teaching Award - SUNY at Buffalo School of Medicine and Biomedical Sciences - Department of Physical Medicine & Rehabilitation 1988 - 1989
Teaching Excellence Award - SUNY at Buffalo School of Medicine 1986 - 1987
Magna Cum Laude, Daemen College, 1979
Delta Epsilon Sigma National Honor Society 1978 - Present
Tri Beta Biological Honor Society 1978 - Present

Faculty Appointments:

University of Rochester, School of Medicine, Dept. of Physical Medicine and Rehabilitation.
Clinical Associate Professor. April 1, 2025-present.
Lake Erie College of Osteopathic Medicine, Preceptor for Clinical Clerkships 2013-2024.
SUNY at Buffalo School of Medicine and Biomedical Sciences
Department of Physical Medicine and Rehabilitation
Clinical Associate Professor 2005- present
Clinical Assistant Professor 1989 - 2004
Undergraduate Medical Education Committee - 1988 - 1989
Co-Coordinator - 4th Year Medical Student Elective 1988 - 1989
Co-Coordinator - Introduction to Clinical Medicine, Second Year 1988 - 1989
Medical Students - Musculoskeletal System 1988 -1989
Graduate Medical Education Co-Coordinator of Rotating Residents and Fellows
Clinical Instructor 1988 – 1989
Clinical Assistant Instructor 1984 – 1988
Department of Family Medicine - Clinical Associate Professor
Co-Coordinator - Rotating Residents for Out-patient Spine & Sports Medicine 1991 - Present
Department of Neurosurgery - Clinical Assistant Professor 1989 – 1990
Michigan State University - Dept. of Physical Medicine & Rehabilitation
Clinical Associate Professor - College of Osteopathic Medicine 2005-present
Michigan State University - Dept. of Physical Medicine & Rehabilitation -
Clinical Assistant Professor - College of Osteopathic Medicine 1993 – 2005-
Michigan State University - Division - Continuing Medical Education Faculty - 1991 – Present
Daemen College - Graduate Dept. Of Physical Therapy - Adjunct Faculty - Amherst, New York, 1994 – Present

Hospital/Health Care Affiliations and Positions Held:

Board of Directors Schofield Care. 2023-Present.
Medical Director, Comprehensive Spine Program, Catholic Health System, 2017-present.
Ambulatory Surgery Center of Western New York, Attending Physician, March 2013-present.
Michael C. Geraci, Jr., MD, PC, Medical Director, Owner, March 2013-Present
Medical Director, MASH: SOS (Spine/Occupational/Sports), December 2011-March 2013
Fellowship Program Director, Buffalo Spine and Sports Medicine, PC, trained 24 fellows in Spine,
Occupational, Sports Medicine, diagnostic ultrasound and fluoroscopic guided spinal injections, 1992-2011.
Sports Medicine Director, Buffalo Spine and Sports Medicine, PC, 2004-2011
Sports Medicine Outreach Medical Director, Sports Physical Therapy of New York, Inc., 2005-2011.
Buffalo State College-NCAA Div. III – Consulting Team Physician-2003-Present
Hilbert College – NCAA Div. III – Head Team Physician -2005 - 2010
Canisius College - NCAA Div. I - Consulting Team Physician - 2001 - present
Niagara University - NCAA Div. I - Consulting Team Physician - 2001 – present
St. Bonaventure University NCAA Div. I Consulting Team Physician 2001- Present
Niagara County Community College - Team Physician - 2000 – 2005
Sports Medicine Supervising Physician for ATC: Nichols High School and Cleveland Hill High School 2005-2017
Kaleida Health System –Attending Physician- 1999 – 2013.(voluntary resignation)
St. Joseph’s Intercommunity Hospital - Attending Physician - 1995 - March 2003 (voluntary resignation)
Sisters of Charity Hospital & Corporate Health - 1994 - April 2003 (voluntary resignation)
Buffalo Mercy Hospital - Co-Medical Director AthletiCare Sports Medicine Clinic 1993 – 1997 (Voluntary Resignation)
Daemen College - Team Physician - 1993 - 2001
Buffalo Blizzard - National Professional Soccer League - Team Physician - 1992 - 2001
Buffalo Spine & Sports Medicine, PC - Director Fellowship Program, Director of Sports Medicine,
President and Co-Founder - 1991 - 2011
Kenmore Mercy Hospital
AthletiCare Sports Medicine Clinic 1991 – 1997 (voluntary resignation)
Attending Physician 1991 - Present
Millard Fillmore Hospitals
Attending Physician 1989 – 2013 (Voluntary resignation)
Medical Director - Back Institute of Buffalo 1989 – 1990 (voluntary resignation)
Erie County Medical Center
Attending Physician - 1988 - 1989 (voluntary resignation)
Director of Musculoskeletal Medicine Center - 1988 - 1989

Membership in Professional Organizations:

International Pain and Spine Intervention Society 1992-2024
American Institute of Ultrasound in Medicine, 2012-2023
Erie County Medical Society
Medical Society of the State of New York
Diplomat - American Board of Physical Medicine and Rehabilitation 1989 – present
-Subspecialty in Sports Medicine 2012-2022
Fellow - American Academy of Physical Medicine and Rehabilitation 1989 - present
Fellow - North American Spine Society 1992 - present
- Non-Operative Care Committee 2000 - 2003
Charter Member - Physiatric Association of Spine, Sports & Occupational Rehabilitation 1993
Board of Governors - Physiatric Association of Spine, Sports & Occupational Rehabilitation 1995 - 1999
Founding Member – International Spine Intervention Society 1992
American College of Sports Medicine 1992 – 2023
Phi Delta Epsilon Medical Fraternity 1979 - 1983
Local Chapter Vice President 1980 - 1981
Local Chapter President 1981 – 1982

Scholarly Activity

Publications:

Abstracts:

Geraci MC, McAdam FB, Alleva JT: The Association of Muscle Imbalances and Lumbar Shift in Patients with Lower Lumbar Central Disc Herniations, Abstract, North American Spine Society Annual Meeting proceedings, Boston, MA, July 1992.

Articles:

Schenk R, Lorenzetti J, **Geraci MC**, et al. Validity of the Yellow Flag Risk Form in People Treated for Low Pain with Mechanical Diagnosis and Therapy and the Pain Mechanism Classification System. *Int J Musculoskelet Disord* 6:123, 2023.

Favaro L, Boggs, RG, **Geraci MC**. Conservative Management of a Foraminal Lumbar Disc Herniation. *JOSPT*1(1):49-50, 2021.

Geraci, MC, Creighton, D. Treatment of posterior pelvic girdle pain including SIJ pain: Global movement assessment driven treatment plan. Idiopathic Pelvic Girdle Pain as it Relates to the Sacroiliac Joint. *PM R* 11S83-92, 2019.

Geraci MC, Roh EY, Smuck M. Preseason Training for Golfers with Low Back Pain. *SpineLine*, January-February, 2012.

Geraci MC, Brown W, and Velasquez JR: Low Back Pain in Adolescent Athletes: Diagnosis, Rehabilitation and Prevention, in *Athletic Therapy Today* 10(5), pp.6-12, Human Kinetics, September, 2005.

Geraci MC, Brown W: Evidence Based Treatment of Hip and Pelvic Injuries in Runners, *Physical Medicine and Rehabilitation Clinics of North America*, V. Akuthota, M. Harrast & G. Kraft (eds), Saunders, August, 2005

Geraci, MC: Facet Joint Pain: Manual Evaluation & Treatment, *SpineLine*, S. Weinstein (ed.) Jan/Feb 2005.

Geraci, Michael C., Ray M. Baker, and Rick C. Sasso. "Lumbar zygapophysial joint evaluation and treatment." *Curr Concepts* (2005): 10-17.

Geraci MC, Alleva JT, Prather H: Manipulation Under Anesthesia, *Physical Medicine and Rehabilitation Clinics of North America*, Stanton D, Mein E (eds), 7, November 1996

Geraci MC: Rehabilitation of Pelvis, Hip & Thigh Injuries in Sports, *Physical Medicine and Rehabilitation Clinics of North America*, Press J (ed), 5, February 1994

Chapters:

Geraci MC, Lambert M, Bogulski J: Neuromobilization Techniques - Evaluation and Treatment of Adverse Neurodynamic Tension and the Container, *in Rehabilitation of the Spine*, Liebenson C (eds), 3rd ed., Lippincott Williams & Wilkins, 2019.

Geraci, MC, McGill, SM: Chapter 25: Functional Restoration of Painful Lumbar Spinal Disorders in *Interventional Spine Care*, DePalma, M (ed.), 2011.

Geraci MC, Lambert M, Bookhout MR: Evaluation and Treatment of Adverse Neurodynamic Tension, *in Rehabilitation of the Spine*, Liebenson C (ed), 2nd ed., Lippincott Williams & Wilkins, 2006.

Geraci MC, McAdam FB, Alleva JT: Physiatric Physical Examination of the Spine and its Functional Kinetic Chain, *in The Low Back Pain Handbook: A Practical Guide for the Primary Care Clinician*, Cole AJ, Herring SA (eds), 2nd ed., Hanley & Belfus/Mosby, 2002.

Wilder R, **Geraci MC**, Cole A: Overuse Injuries of the Hip & Pelvis in Sports, *in Physical Medicine & Rehabilitation: The Complete Approach*, Grabois M, Garrison S (eds), Blackwell Science, Inc., 1999.

Geraci MC, Alleva JT: Physical Examination of the Spine and its Functional Kinetic Chain, *in The Low Back Pain Handbook: A Practical Guide for the Primary Care Clinician*, Cole AJ, Herring SA (eds.), Hanley & Belfus/Mosby, 1996.

Geraci MC: Overuse Injuries of the Hip and Pelvis, *in The Injured Runner*, Journal of Back & Musculoskeletal Rehabilitation, Wilder R (eds), 6, 1996.

Lay Publication:

.Geraci MC: *USA Today*, public relations project for the American Academy of Physical Medicine and Rehabilitation, September 21, 2001

Reviewer: Scientific Peer Review Articles and Abstracts:

Pain Medicine
American Journal of Physical Medicine and Rehabilitation
North American Spine Society: Annual Meetings
North American Spine Society: Evidence and Technology Spine Summit

Research:

Geraci, MC, Waghmarae, R: Use of Adipose Derived Stem Cells in Peripheral Joints and Lumbar Discs
Principle Investigator: Peripheral Joints, October 2014-December 2016.

Geraci MC, McGill SM: Functional Spine Exercises, Muscle Activation and Spinal Loads:
Phase I: A Pilot Study, completed December 8, 2003
Phase II completed October 25-26, 2007
Phase III completed December 2-3, 2010.

Presentations (Invited) at National Meetings:

Annual "Benefits and Pitfalls of Resistance Training, Stretching and General Physical Activity." The 34th Meeting of the North American Spine Society. Chicago, IL, September 25, 2019.
"Overview: Some patients are surgical successes but rehab failures: Here is what you can do about it." The 15th Annual NASS Evidence and Technology Spine Summit, Park City, Utah. February 15, 2019.
"Overview: Physical Exam Findings to Differentiate Disc from Bone Pathology and Instability." The 14th Annual NASS Evidence and Technology Spine Summit, Park City, Utah February 23, 2018. Clinical
"Lumbar Stabilization." The 13th Annual NASS Evidence and Technology Spine Summit, Park City, Utah February 25, 2017.
"The Aging Spine: Focus on Prevention." The 13th Annual NASS Evidence and Technology Spine Summit, Park City, Utah February 23, 2017.
"Clinical Pearls in Musculoskeletal Medicine." The Annual Assembly of the American Academy of Physical Medicine and Rehabilitation. New Orleans, LA, October 21, 2016.
"Platelet Rich Plasma and Stem Cell Therapy Basics." The 12th Annual NASS Evidence and Technology and Spine Summit, Park City, Utah February 27, 2016.
"Body Weight: Squats, Lunges, Step ups/downs and Balance-Reach." The 12th Annual NASS-Evidence and Technology and Spine Summit, Park City, Utah February 25, 2016.
"Workshop Cervico-Thoracic Evaluation and Treatment." The 11th Annual NASS-Evidence and Technology Spine Summit, Snowbird, Utah February 27, 2015.
"Exercises for the Cervical and Thoracic Spine: Motor Control and Endurance." The 11th Annual NASS-Evidence and Technology Spine Summit, Snowbird, Utah February 27, 2015.
"Regenerative Medicine of the Spine: Introduction and Overview: Does it have Value." The 11th Annual NASS-Evidence and Technology Spine Summit, Snowbird, Utah February 26, 2015.
"Exercises for the Cervical and Thoracic Spine: Motor Control and Endurance." The 11th Annual NASS-Evidence and Technology Spine Summit, Snowbird, Utah February 27, 2014.
"Regenerative Medicine of the Spine: Introduction and Overview: Does it have Value." The 11th Annual NASS-Evidence and Technology Spine Summit, Snowbird, Utah February 26, 2014.
"The Spine in Sports: Differential Diagnosis of Spine Disorders in Sports." The 10th Annual NASS-Evidence and Technology Spine Summit, Park City, Utah February 27, 2014
"Exercise in Lumbar Spine Disorders: The Scientific Basis: Overview: Scientific Basis and Future Research." The 10th Annual NASS-Evidence and Technology Spine Summit, Park City, Utah. March 1, 2014.
"Exercise in Lumbar Spine Disorders: The Scientific Basis: The Role of Neuromobilizations." The 10th Annual

- NASS-Evidence and Technology Spine Summit, Park City, Utah, March 1, 2014.
- “Motor Control Impairment: Clinical Testing and Treatment.” Exercise-Based Management of Lumbar Spine Pain: An Algorithmic Approach to Decision-Making. North American Spine Society, 28th Annual Meeting, New Orleans, LA, October 9, 2013.
- “Physical Therapy after Invasive Treatment; Why?” Exercise-Based Management of Lumbar Spine Pain: An Algorithmic Approach to Decision-Making. North American Spine Society, 28th Annual Meeting, New Orleans, LA, October 9, 2013.
- “Neck-Shoulder Differential Diagnosis: Anatomy and Biomechanics.” North American Spine Society, 28th Annual Meeting, New Orleans, LA, October 11, 2013.
- “Workshop on Physical Examination of Neck-Shoulder Differential Diagnosis.” North American Spine Society, 28th Annual Meeting, New Orleans, LA, October 11, 2013.
- “Overview and Differential Diagnosis” – Pediatric and Adolescents with Low Back Pain. 9th Annual NASS-Evidence and Technology Spine Summit, Park City, Utah February 28, 2013.
- “Overview and Focus on Prevention”- The Aging Spine. 9th Annual NASS- Evidence and Technology Spine Summit, Park City, Utah March 1, 2013.
- “Evidence Based Physical Therapy”- Cervical Spine Focus on Disc Herniations. 9th Annual NASS-Evidence and Technology Spine Summit, Park City, Utah March 2, 2013.
- “Treatment of the Container and Neuromobilizations”- Cervical Spine Radiculopathy. 9th Annual NASS-Evidence and Technology Spine Summit, Park City, Utah March 2, 2013.
- “Musculoskeletal Evaluation of the Kinetic Chain.” Section on Rehabilitation, Interventions, and Medical Spine: Cervical and Thoracic Pain: Diagnosis and Treatment. NASS Spine Education and Research Center. Burr Ridge, IL, April 27, 2012.
- “Exercise III: Rehabilitation Specifics.” Section on Rehabilitation, Interventions, and Medical Spine: Cervical and Thoracic Pain: Diagnosis and Treatment. NASS Spine Education and Research Center. Burr Ridge, IL, April 27, 2012.
- “Exercise and Posture: Thoracic.” Section on Rehabilitation, Interventions, and Medical Spine: Cervical and Thoracic Pain: Diagnosis and Treatment. NASS Spine Education and Research Center. Burr Ridge, IL, April 28, 2012.
- “Postural Alignment and What Else Does it Lead to?” Evidence & Technology Spine Summit, Park City, Utah. February 25, 2012.
- “How to Evaluate Spine Stability, Endurance and Motor Control: The 10-Minute Evaluation for the Busy Clinician.” Evidence & Technology Spine Summit, Park City, Utah. February 23, 2012.
- “New Techniques for Discogenic Pain and Stability.” Evidence & Technology Spine Summit, Park City, Utah. February 24, 2012.
- “The Aging Spine: Focus on Prevention.” The Utah Academy of Pain Medicine, Salt Lake City, UT. February 22, 2012.
- “Strengthening and Stretching”. Instructional Course: Section on Rehabilitation, Interventions and Medical Spine Care: Thoracic Spine Pain. The North American Spine Society, 26th Annual Meeting. Chicago, IL. November 2, 2011.
- “Postural Alignment”. Instructional Course: Section on Rehabilitation, Interventions and Medical Spine Care: Thoracic Spine Pain. The North American Spine Society, 26th Annual Meeting. Chicago, IL. November 2, 2011.
- “Physical Therapy, Chiropractic, and Other Treatments: An adjunct to or when interventional treatments are not indicated.” International Spine Intervention Society, 19th Annual Meeting. Chicago, IL. Saturday August 13, 2011.
- “Natural History and Non-op Treatment of Spondylolysis.” Evidence & Technology Spine Summit, Park City, Utah. February 4, 2011.
- “Non-surgical hands on workshop-Evaluation and treatment of the container in patients with cervical radiculopathy.” Evidence & Technology Spine Summit, Park City, Utah February 3, 2011.
- “Non-surgical hands on workshop-Evaluation of Spine Stability in a 5-10 Minute Re-Visit for the Busy Clinician.” Evidence & Technology Spine Summit, Park City, Utah February 4, 2011.
- “Spine Training for Skiing.” Evidence & Technology Spine Summit, Steamboat Springs, CO, January 15, 2010.
- “Positional/Harness MRI in Assessment of Lumbar Disc Herniation.” Evidence & Technology Spine Summit, Steamboat Springs, CO, January 15, 2010.
- “Subacute Low Back Pain: How to Monitor Progress in Physical Therapy.” Rehabilitation Medicine for Surgeons

- and other Spine Specialists. North American Spine Society, Pre-Course Meeting. San Francisco, CA, November, 10, 2009.
- "Spine and Sports: Implication for the Senior Athlete: Pre-season training for the 70 year old golfer: Changes in the golf swing related to spine pathology and following fusion." North American Spine Society 24th Annual Meeting. San Francisco, Ca. November, 13, 2009.
- "How to Decide Directional Preference in Five Minutes." Rehabilitation Medicine for Surgeons and other Spine Specialists. North American Spine Society, Burr Ridge, IL, September 12, 2009.
- "Acute and Subacute Neck and Thoracic Pain: Strength Training Specifics." Rehabilitation Medicine for Surgeons and other Spine Specialists. North American Spine Society, Burr Ridge, IL, September 12, 2009.
- "Subacute Low Back Pain: How to Monitor Progress in Physical Therapy." Rehabilitation Medicine for Surgeons and other Spine Specialists. North American Spine Society, Burr Ridge, IL, September 12, 2009.
- "Poorly Responsive Low Back Pain: Rehabilitation/Functional Restoration." Rehabilitation Medicine for Surgeons and other Spine Specialists. North American Spine Society, Burr Ridge, IL, September 12, 2009.
- "The Aging Spine: Focus on Prevention" The Aging Spine, Rehabilitation Institute of Chicago, Chicago, IL, July, 17, 2009.
- "The Aging Spine: Functional Anatomy and Biomechanics" The Aging Spine, Rehabilitation Institute of Chicago, Chicago, IL, July, 17, 2009.
- "The Aging Spine: The Whole Body Approach, Functional Exercise, Manual Medicine and Neuro-mobilizations" The Aging Spine, Rehabilitation Institute of Chicago, Chicago, IL, July, 17, 2009.
- "The Evaluation of the Spine and its Functional Kinetic Chain: *Accurate Diagnostic and Effective Therapeutic Interventions for Chronic Low Back Pain*, 4th Annual Central Virginia Spine Symposium, Jefferson Hotel, Richmond, VA, Friday April 17, 2009.
- "Sacroiliac Joint Pain: The Role for Physical Therapy." Emerging Spine Technologies Summit, Steamboat Springs, Colorado, February 6, 2009.
- "Degenerative Scoliosis in Pre-Existing Idiopathic Scoliosis: Physical Therapy, Medications and Brace Treatments." Emerging Spine Technologies Summit, Steamboat Springs, Colorado, February 7, 2009.
- "Evidence-Based Treatments for Special Populations with Spine Conditions: Pediatric and Adolescent Emerging Spine Technologies Summit, Steamboat Springs, Colorado, February 7, 2009.
- "The Physical Examination of the Shoulder Region." AAPMR 69th Annual Assembly Resident Section, San Diego, CA, November 20, 2008.
- "The Shoulder-Neck Syndrome." AAPMR 69th Annual Assembly, San Diego, CA, November 20, 2008.
- "The Evaluation and Treatment of the Upper Quarter." AAPMR 69th Annual Assembly, San Diego, CA, November 21, 2008.
- "The Athletic Shoulder: Multi-directional Instability." AAPMR 69th Annual Assembly, San Diego, CA, November 22, 2008.
- "Manual Medicine Evaluation and Treatment of the Cervical, Thoracic, Lumbar Spine & Ribs" and "When All Else Fails: From More PT to Surgery", Rehabilitation Sports Medicine XX, Sports and Spine Symposium: The Spine in Sports. Rehabilitation Institute of Chicago, Chicago, IL, April 27-29, 2007.
- "Defining the Failure of Non-operative Treatment in Patients with Spinal Stenosis." The 4th Annual Emerging Technologies of the Spine, Jackson Hole, WY, February 6-10, 2008.
- "Identifying the Pain Generator in Patients with Adult Scoliosis." The 4th Annual Emerging Technologies of the Spine, Jackson Hole, WY, February 6-10, 2008.
- "Rehabilitation of Spinal Disorders: Focus on Exercise." The 20th Annual Disorders of the Spine, Whistler, B.C., Canada, January 23, 2008.
- "Exercises for the Osteoporotic Patient", The 2nd Annual Central Virginia Spine Symposium, University of Virginia, Richmond, Virginia, June 8, 2007.
- "Manual Medicine Evaluation and Treatment of the Cervical, Thoracic, Lumbar Spine & Ribs" and "When All Else Fails: From More PT to Surgery", Rehabilitation Sports Medicine XX, Sports and Spine Symposium: The Spine in Sports. Rehabilitation Institute of Chicago, Chicago, IL, April 27-29, 2007.
- "Evaluating and Treating the Athlete and Non-Athlete": Functional Based Exercise and Manual Therapy Interventions", St. Alfonsus Medical Center, Boise, Idaho, March, 3-4, 2007.
- "Medical Evaluation and Treatment of Osteoporosis", 19th Annual Disorders of the Spine, Whistler, BC, Canada, January 18, 2007.
- "Workshop on Exercises for Spinal Disorders." 19th Annual Disorders of the Spine, Whistler, BC, Canada, January 18, 2007.

- “Evaluating and Treating the Athlete and Non-Athlete: Functional Based Exercises and Manual Therapy Interventions, course chairman, The University of Washington, Seattle, WA, January 20-21, 2006.
- “The Six Basic Functional Tests”, Lecture and workshop. “The Functional Kinetic Chain: A Case Study Approach”. Rehabilitation Sports Medicine XIX, Sports and Spine Symposium: Lower Body Approach. Rehabilitation Institute of Chicago, Chicago, IL, April, 28-30, 2006.
- “Rehabilitation of Spinal Disorders”, 18th Annual Disorders of the Spine, Whistler, B.C. Canada, January 18, 2006.
- “Functional Joint Mobilization of the Foot/Ankle, Hip and Knee”. Sport & Spine Rehabilitation Symposium XVIII, Lower Body Approach. Rehabilitation Institute of Chicago, April 29 – May 1, 2005
- “Putting it all Together – Case of Knee ACL Tear/Repair”. Sports & Spine Rehabilitation Symposium XVIII, Lower Body Approach. Rehabilitation Institute of Chicago, April 29 – May 1, 2005.
- “The Aging Spine: Focus on Prevention”, Emerging Technologies Spine Education Summit, Telluride, Colorado, March 4, 2005.
- “Sports Performance Enhancement and Injury Prevention”, Sport & Spine Rehabilitation Symposium XVII, Upper Body Approach”, Rehabilitation Institute of Chicago, December 12, 2004
- “The Utilities of Manual Therapies in Treating Musculoskeletal Decline”, presented at the Annual Meeting of the American Academy of Physical Medicine and Rehabilitation and Physiatric Association of Spine, Sports & Occupational Rehabilitation, October 2004
- “Functional Progression: Lower Body: Lower Extremity & Spine”, presented at the Rehabilitation Sports Medicine XVI, Rehabilitation Institute of Chicago, Chicago, April 22-24, 2004
- “Home Exercise to Compliment Manual Therapy: Lower Extremity & Spine”, presented at the Rehabilitation Sports Medicine XVI, Rehabilitation Institute of Chicago, Chicago, April 22-24, 2004
- “Functional Assessment: Kinetic Chain Evaluation – six Basic Tests: Lower Extremity & Spine”, presented at the Rehabilitation Sports Medicine XVI, Rehabilitation Institute of Chicago, Chicago, April 22-24, 2004
- “The Gray areas of McGill: Where Function Meets Science”, presented at the National Academy of Sports Medicine, From Reactivation to Performance Enhancement, Los Angeles, April 2-4, 2004
- “Upper Limb Dynamic Neural Tension: Treating the Container”, presented at the Rehabilitation Institute of Chicago, Rehabilitation Sports Medicine XV, Sports-Specific Functional Rehabilitation: Upper Limb Dominant Sports, Chicago, Illinois, April 24-26, 2003
- “Sports Performance Enhancement & Injury Prevention”, presented at the Rehabilitation Institute of Chicago, Rehabilitation Sports Medicine XV, Sports-Specific Functional Rehabilitation: Upper Limb Dominant Sports, Chicago, Illinois, April 24-26, 2003
- “Upper Extremity Injury Prevention”, presented at the Rehabilitation Institute of Chicago, Rehabilitation Sports Medicine XV, Sports-Specific Functional Rehabilitation: Upper Limb Dominant Sports, Chicago, Illinois, April 24-26, 2003
- “Spinal Manipulation in Spine Care: Who, Why, When?”, presented at the North American Spine Society - 17th Annual Conference, Montreal, Quebec, Canada, October 31, 2002
- “The Aging Spine”, presented at the North American Spine Society - 17th Annual Conference, Montreal, Quebec, Canada, October 30, 2002
- “What is Functional Progression?”, presented at the Rehabilitation Institute of Chicago, Rehabilitation Sports Medicine XIV, Sports-Specific Functional Rehabilitation: Controversies in Running-Related Sports, Chicago, Illinois, December, 8, 2001
- “Functional Progression in Soccer”, presented at the Rehabilitation Institute of Chicago, Rehabilitation Sports Medicine XIV, Sports-Specific Functional Rehabilitation: Controversies in Running-Related Sports, Chicago, Illinois, December, 8, 2001
- “Counterpoint: The Controlled Mobility Model”, presented at the Rehabilitation Institute of Chicago, Rehabilitation Sports Medicine XIV, Sports-Specific Functional Rehabilitation: Controversies in Running-Related Sports, Chicago, Illinois, December, 8, 2001
- “Spinal Injection Cadaver Course”, Faculty, Physiatric Association of Spine, Sports & Occupational Rehabilitation, New Orleans, LA, September 11-12, 2001
- “Scientific Basis of the Physiatric Physical Examination of the Spine: A Functional Approach”, presented at the 9th Annual Meeting of the Physiatric Association of Spine, Sports & Occupational Rehabilitation - Hands-on Cadaver Course, New Orleans, Louisiana, September 11-12, 2001
- “Sensori-motor Retraining / Evaluation of Adverse Neurodynamic Tension: Is it Muscle Tightness or Nerve Tension?”, presented at the Rehabilitation Institute of Chicago, Rehabilitation Sports Medicine XIII, The Role

- of Manual Medicine and Exercise in Sports and Industry, Course Chairman, Chicago, Illinois, December, 9, 2000
- “The Physiatric Physical Examination of the Spine”, presented at Kessler Medical Rehabilitation Research and Education Corporation, New Jersey, March 30, 2000
- “Physiatric Physical Examination of the Spine: How it Helps in the Rehabilitation Program”, presented at the 16th Annual Physical Medicine & Rehabilitation Update, Park City, Utah, January 30, 2000
- “Proprioceptive / Sensori-motor Training”, presented at the 7th Annual Meeting of the Physiatric Association of Spine, Sports & Occupational Rehabilitation, Washington, DC, November 1999
- “Meet The Experts”, presented at the 7th Annual Meeting of the Physiatric Association of Spine, Sports & Occupational Rehabilitation, Washington, DC, November 1999
- “Adverse Neural Dynamic Tension of the Spine and Lower Extremities”, The Functional Approach to Musculoskeletal Medicine, Buffalo, New York, October 15-17, 1999
- “Gluteal Retraining”, The Functional Approach to Musculoskeletal Medicine, Buffalo, New York, October 15-17, 1999.
- “Mobilization of the Anterior Lower Quarter”, The Functional Approach to Musculoskeletal Medicine, Buffalo, New York, October 15-17, 1999
- “Rehabilitation of Low Back Pain”, Case Studies, presented at the Rehabilitation Institute of Chicago, Rehabilitation Sports Medicine XI, Case Studies in Sports Medicine, Chicago, Illinois, December 11, 1998
- Prince Lecture: “The Scientific Basis of the Physiatric Examination of the Spine: Why the Orthopedic & Neurologic Exams are Not Enough”, presented at the Rehabilitation Institute of Chicago, Chicago, Illinois, December 9, 1998.
- “Spinal Injection Cadaver Course”, Faculty, Physiatric Association of Spine, Sports & Occupational Rehabilitation, Seattle WA, November, 3-4, 1998.
- “Cervical Spine: Physical Examination”, presented at the American Academy of Physical Medicine & Rehabilitation 60th Annual Assembly, Seattle, Washington, November 1998
- “Lumbo-Pelvic Exam”, presented at the American Academy of Physical Medicine & Rehabilitation 60th Annual Assembly, Seattle, Washington, November 1998
- “Wrist Exam”, presented at the American Academy of Physical Medicine & Rehabilitation 60th Annual Assembly, Seattle, Washington, November 1998
- “Spinal Injection Cadaver Course”, Faculty, Physiatric Association of Spine, Sports & Occupational Rehabilitation, Seattle, Washington, November 3-4, 1998
- “Update on Soft Tissue & Rehabilitation: An International Perspective; Concepts and Principles Regarding Muscle Imbalances: Janda vs. Sahrman”, University of Manitoba, Winnipeg, Manitoba, May 28-30, 1998
- “Update on Soft Tissue & Rehabilitation: An International Perspective; Scientific Basis of Muscle Imbalances & Neuromobilizations: A Review of the Literature”, Winnipeg, Manitoba, May 28-30, 1998
- “Update on Soft Tissue & Rehabilitation: An International Perspective; Physical Examination of the Spine and its Functional Kinetic Chain: Emphasis on Segmental Motion, Muscle Imbalances and Adverse Neurodynamic Tension”, Winnipeg, Manitoba, May 28-30, 1998
- “Update on Soft Tissue & Rehabilitation: An International Perspective; Muscle Control and Coordination: Part I: Evaluation of Lumbo-pelvic Region”, Winnipeg, Manitoba, May 28-30, 1998
- “Update on Soft Tissue & Rehabilitation: An International Perspective; Muscle Control and Coordination: Part II: Lower Quarter Evaluation & Treatment”, Winnipeg, Manitoba, May 28-30, 1998
- “Update on Soft Tissue & Rehabilitation: An International Perspective; Muscle Control and Coordination: Part III: Upper Quarter Evaluation & Treatment”, Winnipeg, Manitoba, May 28-30, 1998
- “Spinal Injection Cadaver Course”, Faculty, Physiatric Association of Spine, Sports & Occupational Rehabilitation, Orlando, FL, March 20-22, 1998
- “History & Physical Examination of the Lumbo-pelvic Region” and “History & Physical Examination of the Cervico-Thoracic-Scapular Region”, presented at the Physiatric Association of Spine, Sports & Occupational Rehabilitation Mid-year Meeting, Orlando, Florida, March 20-22, 1998
- “Physical Examination of the Spine and its Entire Kinetic Chain - Scientific Basis”, presented at the 9th Annual Meeting, Seccion de Fisiatria, Puerto Rico, September 1997
- “Treatment of Low Back Pain: The Scientific Basis of Muscle Imbalances: A Review of the Literature”, presented at the 9th Annual Meeting, Seccion de Fisiatria, Puerto Rico, September 1997
- “Treatment of Low Back Pain: The Role of Injections: Rationale and Therapeutic/Diagnostic Considerations”, presented at the 9th Annual Meeting, Seccion de Fisiatria, Puerto Rico, September 1997
- “Spinal Injection Cadaver Course”, Faculty, Physiatric Association of Spine, Sports & Occupational Rehabilitation,

- "New Orleans, Louisiana, September 6-7, 1997
- "Scientific Basis for Sports and Musculoskeletal Medicine: Validation of Physical Examination: Cervical / Lumbar Spine", presented at the Association of Academic Physiatrists Annual Meeting, Colorado Spring, Colorado, February 26 - March 1, 1997
- Chairman and Hands-on Workshop Coordinator, Physiatric Association of Spine, Sports & Occupational Rehabilitation Annual Meeting, Chicago, Illinois, October 12-13, 1996
- "Exploring New Horizons in Musculoskeletal Medicine: The Hip - Anatomy & Physical Exam", lecture and workshop presented at the Physiatric Association of Spine, Sports & Occupational Rehabilitation Annual Meeting, Orlando, Florida, November 1995
- "Overload Injuries of the Leg" and "Overload Injuries of the Hip and Pelvis", presented at the Rehabilitation Institute of Chicago, Rehabilitation Sports Medicine VII: Overload Injuries in the Athlete, Chicago, Illinois, December 8-10, 1994
- "Physical Examination of the Low Back" and "Diagnosis & Management of Low Back Pain", 6th Annual Sports Medicine Conference for the Primary Care Physician, Rochester, New York, December 1, 1994
- "Non-operative Approach to Lumbar Radiculopathy, Treatment and Rehabilitation in Herniated Nucleus Pulposus", American Academy of Family Physicians Annual Meeting, Boston, Massachusetts, September 24, 1994
- "Office Injections of the Spine", American College of Sports Medicine 40th Annual Meeting, Indianapolis, Indiana, June 1-4, 1994
- "Carpal Tunnel Syndrome: Is There Light at the End?, Non-surgical Management", "Injections, Rationale and Therapeutic/Diagnostic Considerations", and "Cervical Spine Differential Diagnosis: How to Use the Physical Examination to Define Cervical Pain Generators", Southern Pain Society Annual Meeting, Dallas, Texas, March 12-13, 1994
- "Muscular Imbalances in the Aging Athlete" and "The Aging Hip and Pelvis", presented at Rehabilitation Institute of Chicago, Rehabilitation Sports Medicine VI: The Aging Athlete, Chicago, Illinois, December 9-11, 1993
- "The Differential Diagnoses of Hip Pain in the Athlete", presented at the Inaugural Meeting of the Physiatric Association of Spine, Sports & Occupational Rehabilitation, Miami Beach, Florida, November 4-5, 1993
- "The Physiatrist as Team Physician - Soccer", presented at the Annual Meeting of the American Academy of Physical Medicine & Rehabilitation, Sports Medicine Special Interest Group, Miami Beach, Florida, October 31, 1993
- "Non-Operative Treatment Outcome for the Herniated Nucleus Pulposus with Radiculopathy", abstract submitted for presentation, North American Spine Society Annual Meeting, San Diego, CA, October 1993
- "The Safety of Fluoroscopic Spinal Injections in an Out-patient Non-hospital Setting", abstract submitted for presentation, North American Spine Society Annual Meeting, San Diego, CA, October 1993
- "The Role of Muscle Imbalances in Recurrent Work-Related Injuries", "Pain Control: Medications and Injections", "Current Problems and Potential Solutions in the Workers Compensation System", presented at the American Back Society Annual Meeting, Buffalo, New York, May 19-21, 1993
- "Muscle Imbalances in Athletes and Spine Disorders", American Back Society Annual Meeting, New Orleans, LA, May 1992
- "Selected Lower Extremity Injuries in Sports: The Hip, Pelvis and Thigh", American Academy of Physical Medicine and Rehabilitation Annual Meeting, Washington, D.C., October 27-31, 1991
- "Biomechanics of the Pelvis and Sacroiliac Joints", American Back Soc. Ann. Meeting, Toronto, CA, May, 1991.

Courses Chaired:

- Exercise is Regenerative Medicine: From Wear and Tear to Wear and Repair. Evanston, IL. Dec. 2, 2023.
- Exercise is Regenerative Medicine: A Functional Kinetic Chain Approach. Amherst, NY. Nov. 13, 2021.
- Treating Pain: Alternatives to Opioids. Hosted by: The Erie County Department of Health and Catholic Health. Buffalo, NY, November 9, 2019.
- McGill Method Levels 1-3. Stuart McGill, PhD and Ed Cambridge, PhD, DC. March 28-31, 2019, Buffalo, NY.
- North American Spine Society-The 15th Annual Evidence and Technology Spine Summit, Park City, Utah. February 13-16, 2019.
- A Functional Kinetic Chain Approach to the Lumbo-Pelvic Region. Jones Memorial Hospital, Wellsville NY Saturday October 27, 2018.
- A Functional Kinetic Chain Approach to the Lumbo-Pelvic Region. Chautauqua Physical and Occupational Therapy, Jamestown NY, Saturday October 20, 2018.
- Liebenson Part B Extremities: Prague School to Athletic Development. Course Chairman. Buffalo, NY, April 6-8,

2018.

North American Spine Society-14th-NASS Evidence and Technology Spine Summit, Park City, Utah
February 21-24, 2018.

Liebenson Part A Core: Prague School to Athletic Development. Course Chairman. Buffalo, NY, April 21-23, 2017.

North American Spine Society – 13th Evidence & Technology Spine Summit. Course Director and Faculty,
Park City, Utah, February 22-25, 2017.

Current Concepts on Shoulder Function, Dysfunction, and Treatment of Shoulder Injuries. Faculty,
W. Ben Kibler, MD, Robin Cromwell, PT and Aaron Sciacia, ATC, MS, PES. The Innovation Center,
Buffalo, NY, June 3-4, 2016.

North American Spine Society – 12th Evidence & Technology Spine Summit. Course Director and Faculty,
Park City, Utah, February 24-27, 2016.

Mechanisms of Knee Injuries: Implications for Evidence Based Rehabilitation, Injury Prevention &
Return to Sport Decisions. Faculty, Christopher M, Powers, PhD PT FACSM FAPTA. Buffalo Cardiology and
Pulmonary Associates, Williamsville, NY, June 27-28, 2015.

North American Spine Society – 11th Evidence & Technology Spine Summit. Course Director and Faculty,
Snowbird, Utah, February 26-28, 2015.

McGill Level 2: The Three Hour Back Assessment: Reducing pain and enhancing performance. Faculty
Stuart M. McGill, PhD. Buffalo Cardiology and Pulmonary Associates, Williamsville, NY, April 5-6, 2014.

North American Spine Society – 10th Evidence & Technology Spine Summit. Course Director and Faculty, Park
City, Utah, February 27-March 1, 2014.

North American Spine Society – 9th Evidence & Technology Spine Summit. Course Director and Faculty, Park City,
Utah, February 28-March 2, 2013

North American Spine Society – 8th Evidence & Technology Spine Summit. Course Director and Faculty. Park City,
Utah, February 23-25, 2012.

North American Spine Society – 7th Evidence & Technology Spine Summit. Course Director and Faculty.
Park City, Utah, February 2-5, 2011.

Exercise, Nutrition and Aging: A Scientific Approach. Course Director. Faculty: William Evans, Ph.D., FACSM,
FACN and Nancy Clark, MS, RD, CSSD. Buffalo Spine and Sports Institute, Williamsville, NY, November 13-14,
2010.

Building the Ultimate Back: From Rehabilitation to High Performance. Course Director. Faculty: Stuart M. McGill,
Ph.D. Buffalo Spine and Sports Institute, Williamsville, NY, September 26-27, 2009.

Where Orthopedics Meets Function. Course Director. Faculty: W. Ben Kibler, M.D. and Timothy L. Uhl, Ph.D., P.T.
Buffalo Spine and Sports Institute, Williamsville, NY, May 7-8, 2010,

Introduction to Functional Exercise and Functional Manual Treatment. Course Chairman and Faculty. Buffalo
Spine and Sports Institute, Williamsville, NY May 2-3, 2009.

Introduction to Functional Exercise and Functional Manual Treatment. Course Chairman and Faculty. Orthopedic
Spine and Orthopedic Specialists. York, PA, November 8-9, 2008

Diagnostic Approach to Musculoskeletal Rehabilitation: Pain and Mechanical Classification Systems. Course
Chairman. Faculty: Annie O'Connor, PT, Cert. MDT, Dave J. Pleva, MA, PT, Dip. MDT, Joel M. Press, MD
Buffalo Spine and Sports Institute, P.C. Williamsville, NY, November 1-2, 2008.

Introduction to Functional Exercise and Functional Manual Treatment. Course Chairman and Faculty. The
University of Rochester, Department of Orthopedics, Rochester, NY, September 6-7, 2008.

Management of the Whiplash Patient. Course Chairman. Presented by Adriaan Louw, M.App.Sc. (Physio), GCRM,
CSMT Buffalo Spine and Sports Institute P. C., Williamsville, NY, November, 3-4, 2007.

Evaluating and Treating the Athlete and Non-Athlete: Functional Based Exercise and Manual Therapy
Interventions, Course Chairman, Sports Physical Therapy of New York, New York,, NY May 19-20, 2007.

Shoulder Integration Concept, presented by John Tomberlin, MS PT. Course Chairman. Buffalo Spine and Sports
Institute, P.C., Williamsville, NY, May 5-6, 2007.

Evaluating and Treating the Athlete and Non-Athlete: Functional Based Exercise and Manual Therapy
Interventions, Course Chairman, St. Alfonsus Medical Center, Boise, Idaho, March, 3-4, 2007.

Lower Extremity Management for the Athletic Population, Course Chairman, Buffalo Spine and Sports
Institute. Williamsville, NY, August 11, 2006.

Evaluating and Treating the Athlete and Non-Athlete: Functional Based Exercises and Manual Therapy
Interventions, Course Chairman, The University of Washington, Seattle, WA, January 20-21, 2006.

The Functional Approach to Musculoskeletal Medicine III, co-chairman, The National Academy of Sports

Medicine, Los Angeles, California, April 2-4, 2004
Manual Medicine World Spine II, Rehabilitation Institute of Chicago, Chicago, Illinois, August 10, 200
The Functional Approach to Musculoskeletal Medicine II, Co-Chairman, Rehabilitation Institute of Chicago, Chicago, Illinois, October 2001.
Rehabilitation Sports Medicine XIII, The Role of Manual Medicine & Exercise in Sports & Industry, Co-Chairman, Chicago, Illinois, December 7-9, 2000
The Functional Approach to Musculoskeletal Medicine, Co-Chairman, Buffalo, New York, October 15-17, 1999
The Principles and Treatment of Muscle Imbalances in Musculoskeletal and Sports Injuries: The Cervico-Thoracic & Scapular Regions, Course Chairman, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, April 24, 1999
Breaking Down the Walls: The Physical Exam & Treatment of Muscle Imbalances/Neuromobilizations in Musculoskeletal and Sports Injuries: The Lumbo-Pelvic Region, sponsored by Buffalo Spine & Sports Medicine, Co-Chairman, Williamsville, New York, December 6, 1998
The Physical Examination & Treatment of Muscle Imbalances/Neuromobilizations in Musculoskeletal & Sports Injuries: The Lumbo-Pelvic Region, errata, Williamsville, New York, October 24, 1998, Course Chairman
Prevention of Low Back Pain, Chairman, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, October 1, 1998.
Exercise & Exercise Equipment, What You Need to Know Before Buying Another Piece of Exercise Equipment, Chairman, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, December 4, 1997
Physical Examination & Treatment of the Spine: A Practical Approach for the Primary Care Clinician with Emphasis on Muscle Imbalances and Neuromobilizations, errata, Williamsville, New York, November 15, 1997, Course Chairman
Level-II: Muscle Imbalances - Emphasis on Combined Craniosacral & Neuromobilization Techniques, Chairman, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, October 25, 1997
The Principles & Treatment of Muscle Imbalances & Myofascial Release in Musculoskeletal & Sports Injuries: The Cervical-Thoracic & Scapular Regions, Chairman, Canton, Ohio, April 5, 1997
Muscle Imbalances - Lumbo-pelvic Region, Chairman, sponsored by Buffalo Spine & Sports Medicine, PC, Williamsville, New York, November 1996
Physiatric Association of Spine, Sports & Occupational Rehabilitation, Co-Chairman - Annual Meeting, Chicago, Illinois, October 12-13, 1996
Chairman and Hands-on Workshop Coordinator, Physiatric Association of Spine, Sports & Occupational Rehabilitation Annual Meeting, Chicago, Illinois, October 12-13, 1996
The Principles & Treatment of Muscle Imbalances in Musculoskeletal & Sports Injuries: The Lumbo-Pelvic Region, Chairman, sponsored by Buffalo Spine & Sports Medicine, PC, Williamsville, New York, June 1, 1996
Muscle Imbalances - Cervical, Thoracic Region, Chairman, sponsored by Buffalo Spine & Sports Medicine, PC, Williamsville, New York, May 1996
The Principles & Treatment of Muscle Imbalances in Musculoskeletal & Sports Injuries: The Lumbo-Pelvic Region - Including Myofascial Release Techniques, Chairman, Canton, Ohio, April 13-14, 1996
Muscle Imbalances - Lumbo-pelvic Region, Chairman, Sponsored by Buffalo Spine & Sports Medicine, PC, The Sports Medicine of Soccer, Including Lower Extremity & Spine Injuries in Sports, Chairman, Daemen College, August 25, 1994
Shoulder Injuries in the Throwing Athlete, Co-Chairman, Daemen College, May 25, 1993
Exercise Prescription as an Adjunct to Manual Medicine, Course Chairman, Philip Greenman, D.O., Mark Bookhout, M.S., P.T., Williamsville, New York, May 22-23, 1993
Mechanical Disorders of the Pelvis/Sacroiliac Region, Course Co-Chairman/Lecturer: Muscle Imbalances, Williamsville, NY, November 3, 1990
Spinal Orthotics - Course Co-Chairman and Lecturer in Cervical Lumbar Orthoses and Spine Stabilizing Exercises, April 19-21, 1989

Continuing Medical Education/National Scientific Meetings

"Advanced Orthobiologics," Arthrex Headquarters, Naples, FL. September 26, 2025.
"Bringing Shame in Medicine Out of Darkness: A Patient Safety Approach." Empro Insurance May 5, 2025.
"Healthy Aging2025: Mind and Body." Stanford University, Palo Alto, CA. May 5, 2025.
"Training in Identification and Reporting of Child Abuse and Maltreatment." NYSED, March 29, 2025.
"Practical Approached to Comprehensive Treatment of Pain." Pri-Med Institute, August 26, 2024.

“Patients with Opioid Use Disorder.” Medical Society of the State of New York, August 12, 2024.
“When to Consider Opioids for Chronic Non-cancer and Palliative Care.” MSSNY, August 12, 2024.
“Understanding the Current Legal Landscape in New York State for Prescribing.” MSSNY August 12, 2024.
“Healthy Aging 50+: The Science of Healthy Living.” Stanford University, Palo Alto, CA. February 8, 2024.
“Opioid Prescriber Training Update Program Part II.” SUNY @ Buffalo, School of Pharmacy Buffalo, NY 5-29-23.
“Opioid Prescriber Training Update Program Part I.” SUNY @ Buffalo, School of Pharmacy Buffalo, NY 5-29-23.
VRT 1: Introduction to Vestibular Rehab. Evidence CEU. D’Youville University, Buffalo, NY. June 3-4, 2022.
North American Spine Society 36th Annual Meeting. Boston Convention and Exhibition Center Boston, Massachusetts. Virtual Experience. Sept. 29-Oct. 2, 2021.
North American Spine Society 35th Annual Meeting. Virtual Experience October 7-10, 2020.
North American Spine Society 34th Annual Meeting. Chicago, IL, September 25-28, 2019.
Treating Pain: Alternatives to Opioids. Hosted by: The Erie County Department of Health and Catholic Health. Buffalo, NY, November 9, 2019.
North American Spine Society 34th Annual Meeting. Chicago, IL, September 25-28, 2019.
Graded Motor Imagery: Neuro-orthopedic Institute. Buffalo, NY June 1-2, 2019.
North American Spine Society-15th Annual Evidence and Technology Spine Summit. Park City, Utah. February 13-16, 2019.
A World of Hurt: Central Nervous System Pain Mechanisms, Patient Education & Exercise Prescriptions. Faculty: Annie O’Connor, PT, OCS, Cert. MDT and Melissa Watson, MSPT, Cert. MDT. Buffalo, NY, March 8-9, 2018.
Prague School to Athletic Development Part B: Extremities. Craig Liebenson, DC. Buffalo, NY, April 6-8, 2018.
North American Spine Society-14th Annual Evidence and Technology Spine Summit. Park City, Utah. February 21-24, 2018.
Regenerative Medicine Update: Platelet Rich Plasma and Stem Cell Use in Musculoskeletal Medicine. Lecture/Cadaver Workshop on Bone Marrow Aspirate Concentrate. Arthrex Headquarters, Naples, FL, October 22, 2017.
Prague School to Athletic Development Part A: Core. Craig Liebenson, DC. Buffalo, NY, April 21-23, 2017.
A World of Hurt: A Guide to Classifying Pain. Faculty: Annie O’Connor, PT, OCS, Cert. MDT and Melissa Watson, MSPT, Cert. MDT. Buffalo, NY, March 17-18, 2017.
North American Spine Society- 13th Annual Evidence and Technology Spine Summit. Park City, Utah, February 22-25, 2017.
North American Spine Society-31st Annual Meeting. Boston, MA. October 26-29, 2016.
American Academy of Physical Medicine and Rehabilitation, 76th Annual Assembly. New Orleans, LA, October 20-23, 2016.
Regenerative Medicine: Current Concepts and Brave New Paradigms in the Treatment of Musculoskeletal Conditions. Preconference Course. American Academy of Physical Medicine and Rehabilitation, 76th Annual Assembly. New Orleans, LA, October 19, 2016.
Current Concepts on Shoulder Function, Dysfunction, and Treatment of Shoulder Injuries. Faculty, W. Ben Kibler, MD, Robin Cromwell, PT and Aaron Sciascia, MS ATC PES. The Innovation Center, Buffalo, NY, June 3-4, 2016.
North American Spine Society – 12th Annual Evidence and Technology Spine Summit. Park City, Utah. February 24-27, 2016.
North American Spine Society-30th Annual Meeting. Chicago, IL. October 14-17, 2015.
Mechanisms of Knee Injuries: Implications for Evidence Based Rehabilitation, Injury Prevention & Return to Sport Decisions. Faculty, Christopher M, Powers, PhD PT FACSM FAPTA. Buffalo Cardiology and Pulmonary Associates, Williamsville, NY, June 27-28, 2015.
North American Spine Society – 11th Annual Evidence and Technology Spine Summit. Snowbird, Utah. February 26-28, 2015.
McKenzie – Mechanical Diagnosis and Therapy: Part B. Daemen College, Amherst, NY, August 22-24, 2014.
The Orthobiologic Institute – 5th Annual Meeting on Platelet Rich Plasma & Regenerative Medicine Symposium with Cadaver Lab. Red Rock Resort, Las Vegas, NV. June 6-7, 2014.
McGill Level 2: The three hour back assessment: Reducing pain and enhancing performance. Faculty Stuart M. McGill, PhD. Buffalo Cardiology and Pulmonary Associates, Williamsville, NY, April 5-6, 2014.
North American Spine Society – 10th Annual Evidence and Technology Spine Summit. Park City, Utah. February 27-March 1, 2014.
McKenzie – Mechanical Diagnosis and Therapy: Part A. Daemen College, Amherst, NY, January 17-19, 2014.
Exercise-Based Management of Lumbar Spine Pain: An Algorithmic Approach to Decision-Making. North

American Spine Society-28th Annual Meeting. New Orleans, LA. October 9, 2013.
North American Spine Society-28th Annual Meeting. New Orleans, LA. October 9-12, 2013.
North American Spine Society – 9th Annual Evidence and Technology Spine Summit. Park City, Utah. February 28-March 2, 2013
Advanced Musculoskeletal Ultrasound. Gulfcoast Ultrasound Institute, St. Pete's Beach, FL, June 8-9, 2012.
Section on Rehabilitation, Interventions, and Medical Spine: Cervical and Thoracic Pain: Diagnosis and Treatment. NASS Spine Education and Research Center. Burr Ridge, IL, April 27-28, 2012
North American Spine Society – 8th Annual Evidence & Technology Spine Summit, Park City, Utah. February 23-25, 2012.
North American Spine Society-26th Annual Meeting. Chicago, IL. November 2-5, 2011.
International Spine Intervention Society, 19th Annual Meeting. Chicago, IL. August 10-13, 2011.
Seventh Annual Evidence & Technology Spine Summit, Park City, Utah. February 2-5, 2011.
Sixth Annual Evidence & Technology Spine Summit, Steamboat Springs, CO, January 15-18, 2010.
North American Spine Society – 24th Annual Meeting. San Francisco, CA, November 11-14, 2009.
Rehabilitation Medicine for Spine Surgeons and other Spine Specialists. North American Spine Society,

Burr Ridge, IL, September 12, 2009.
4th Annual Central Virginia Spine Symposium: Accurate Diagnostic and Effective Therapeutic Interventions for Chronic Low Back Pain. Jefferson Hotel, Richmond, VA, April 17-10, 2009.
Fifth Annual Evidence & Technology Spine Summit, Steamboat Springs, CO, February 5-8, 2009.
Diagnostic and Therapeutic Musculoskeletal Ultrasound: Faculty: Paul Lento, M.D., Rehabilitation Institute of Chicago, Northwestern University. Buffalo Spine and Sports Institute, P.C. Williamsville, NY June 6-7, 2009.
Diagnostic Approach to Musculoskeletal Rehabilitation: Pain and Mechanical Classification Systems. Course Chairman. Faculty: Annie O'Connor, PT, Cert. MDT, Dave J. Pleva, MA, PT, Dip. MDT, Joel M. Press, MD Buffalo Spine and Sports Institute, P.C. Williamsville, NY, November 1-2, 2008
American Academy of Physical Medicine and Rehabilitation, 69th Annual Assembly, San Diego, CA, November 20-23, 2008.
Clinical Applications of Neurodynamics: Lower Quarter. Neuro-orthopaedic Institute, Buffalo Spine and Sports Institute, P.C., Williamsville, NY, May 3-4, 2008.
Rehabilitation Sports and Spine Symposium XXI: The Spine, Rehabilitation Institute of Chicago, Chicago IL, April 25-27, 2008.
The 4th Annual Emerging Technologies of the Spine, Jackson Hole, WY, February 6-10, 2008.
The 20th Annual Disorders of the Spine, Whistler, B.C., Canada, January 24, 2008.
Bone Strength Through Innovation. Presented by Susan Bukata, MD. Amherst, NY, November 15, 2007.
Functional Restoration Outcomes. Presented by Robert Gatchel, Ph.D. and Diagnosis and Management of Adult Thoraco-Lumbar Spinal Deformity. Presented by Ross Moquin, MD at Spine Study Group, University of Rochester, Rochester, NY, November 8, 2007.
Management of the Whiplash Patient. Presented by Adriaan Louw, M.App.Sc. (Physio), GCRM, CSMT Buffalo Spine and Sports Institute, Williamsville, NY, November, 3-4, 2007.
The 2nd Annual Central Virginia Spine Symposium, University of Virginia, Richmond, VA, June 8, 2007.
Shoulder Integration Concept, presented by John Tomberlin, MS PT at Buffalo Spine and Sports Institute, Williamsville, NY, May 5-6, 2007.
Rehabilitation Sports Medicine XX, Sports and Spine Symposium: The Spine in Sports, Chicago, IL, April, 27-29, 2007.
Musculoskeletal Ultrasound in Rheumatology, University of Rochester, Rochester, NY, March 30-April 1, 2007.
The 19th Annual Disorders of the Spine: Whistler, BC, Canada, January 13-19, 2007
Rehabilitation Sports Medicine XIX, Sports and Spine Symposium: Lower Body Approach, Chicago, IL, April, 28-30, 2006.
Principles of Fitness and Training Applied to the Athlete & Patient Rehabilitation. Tudor O. Bompa, Ph.D., Buffalo Spine and Sports Institute, PC, Williamsville, NY, March 25-26, 2006.
The 18th Annual Disorders of the Spine: Whistler, B.C., Canada, January 14-20, 2006.
Mobilization of the Nervous System: Clinical Applications 2: Upper Limb, Thorax and Neck. David Butler team, Buffalo, New York, September 24-25, 2005.
and the NOI team, Buffalo, New York, November 5-6, 2005.

Mobilization of the Nervous System: Diagnosis and Management of Physical Dysfunction of the Nervous System in a Clinical Reasoning Framework. Neuro Orthopedic Institute, David Butler and the NOI Rehabilitation Sports Medicine XVIII, Sports & Spine Rehabilitation Symposium: Lower Body Approach, Chicago, Illinois, April 29 – May 1, 2005.

Emerging Technologies Spine Education Summit, Telluride, Colorado, March 2- 5, 2005

Rehabilitation Sports Medicine XVII, Sports & Spine Rehabilitation Symposium: Upper Body Approach, Chicago, Illinois, December 10-12, 2004.

North American Spine Society – 19th Annual Meeting, Chicago, Illinois, October 27-30, 2004 Illinois, American Academy of Physical Medicine and Rehabilitation, Phoenix, Arizona, October 7-9, 2004

Physicians' Reciprocal Insurers, 5-hour Risk Management Excess & Premium Reduction Course and Home Study Project, May 1, 2004

Rehabilitation Sports Medicine XVI, Sports & Spine Rehabilitation Symposium: Lower Extremity & Spine, Rehabilitation Institute of Chicago, Chicago, Illinois, April 22-24, 2004

Radiology for the Injectionist, International Spinal Injection Society, New Orleans, LA November 15, 2003

North American Spine Society, World Spine II, Manual Therapy and Manipulation, Chicago, Illinois, August 10, 2003

Rehabilitation Sports Medicine XV, Sports-Specific Functional Rehabilitation: Upper Limb Dominant Sports, Chicago, Illinois, April 24-26, 2003

North American Spine Society - 17th Annual Conference, Montreal, Quebec, Canada, October 2002

Abstract Reviewer for North American Spine Society Annual Meeting 2002

Rehabilitation Sports Medicine XIV, Sports-Specific Functional Rehabilitation: Controversies in Running-Related Sports, Chicago, Illinois, December 6-8, 2001

Michigan State University, College of Osteopathic Medicine, Exercise Prescription as an Adjunct to Manual Medicine, November 7-11, 2001

The Functional Approach to Musculoskeletal Medicine II, Rehabilitation Institute of Chicago, Chicago, Illinois, October 2001

Physiatric Association of Spine, Sports & Occupational Rehabilitation - Hands-on Cadaver Course, New Orleans, Louisiana, September 11-12, 2001

Michigan State University, College of Osteopathic Medicine, Exercise Prescription as an Adjunct to Manual Medicine, May 16-20, 2001

Chain Reaction Explosion Seminar: by Gary Gray, PT and David Tiberio, PT, PhD, Chicago, Illinois, April 5-7, 2001

Rehabilitation Sports Medicine XIII, The Role of Manual Medicine & Exercise in Sports & Industry, Chicago, Illinois, December 7-9, 2000

North American Spine Society - 15th Annual Conference, New Orleans, Louisiana, October 2000

Physical Medicine & Rehabilitation - 16th Annual Update, Park City, Utah, January 30, 2000

Physiatric Association of Spine, Sports & Occupational Rehabilitation - 7th Annual Conference, Washington, DC, November 12-14, 1999

American Academy of Physical Medicine & Rehabilitation - Annual Assembly, Washington, DC, November 1999

North American Spine Society - 14th Annual Conference, Chicago, Illinois, October 1999

The Functional Approach to Musculoskeletal Medicine, Buffalo, New York, October 15-17, 1999

Orthotic Reaction: by Michael Hansen, MPT, Chicago, Illinois, August 27-29, 1999

Chain Reaction Festival: by Gary Gray, PT, Chicago, Illinois, May 14-16, 1999

Rehabilitation Sports Medicine XI: Rehabilitation of Low Back Pain: Case Studies, Rehabilitation Institute of Chicago, Chicago, Illinois, December 11, 1998

Prince Lecture: "The Scientific Basis of the Physiatric Examination of the Spine: Why the Orthopedic & Neurologic Exams are Not Enough", presented at the Rehabilitation Institute of Chicago, Chicago, Illinois, December 9, 1998

American Academy of Physical Medicine & Rehabilitation - Annual Assembly, Seattle, Washington, November, 1998

Physiatric Association of Spine, Sports & Occupational Rehabilitation - 6th Annual Meeting, Orlando, Florida, March 20-22, 1998

Association of Academic Physiatrists - Annual Meeting, Colorado Springs, Colorado, February 26 - March 1, 1997

Physiatric Association of Spine, Sports & Occupational Rehabilitation - Supplemental Meeting, Vancouver, Canada, October 1996

North American Spine Society - 11th Annual Conference, Vancouver, Canada, October 23-26, 1996

Physiatric Association of Spine, Sports & Occupational Rehabilitation, Chairman - Annual Meeting, Chicago, Illinois, October 12-13, 1996
Mobilization of the Nervous System, Part II, by Neuro-Orthopedic Institute, Michael Schacklock, P.T., Buffalo, New York, May 1996
Physiatric Association of Spine, Sports & Occupational Rehabilitation - Annual Meeting, Orlando, Florida, October 1995
Mobilization of the Nervous System, Part I, by Neuro-Orthopedic Institute, Michael Schacklock, P.T., Buffalo, New York, May 1995
Michigan State University, Alumni Course, Orlando, Florida, March 2-4, 1995
Rehabilitation Sports Medicine VII: Overload Injuries in the Athlete, Rehabilitation Institute of Chicago, Chicago, Illinois, December 8-10, 1994
American College of Sports Medicine Annual Meeting, Indianapolis, Indiana, June 1-4, 1994
Cervical Spine and Shoulder in Industry and Sports, Southern Pain Society, Dallas, Texas, March 12-13, 1994
Rehabilitation Sports Medicine VII: Overload Injuries in the Athlete, Rehabilitation Institute of Chicago, Chicago, Illinois, December 8-10, 1994
American College of Sports Medicine Annual Meeting, Indianapolis, Indiana, June 1-4, 1994
Cervical Spine and Shoulder in Industry and Sports, Southern Pain Society, Dallas, Texas, March 12-13, 1994
Rehabilitation Sports Medicine VI: Aging Athlete, Rehabilitation Institute of Chicago, Chicago, Illinois, December 9-11, 1993
Inaugural meeting - Physiatric Association of Spine, Sports & Occupational Rehabilitation, Miami Beach, Florida, November 4-5, 1993
American Academy of Physical Medicine & Rehabilitation Annual Meeting, Miami Beach, Florida, October 31 - November 3, 1993
North American Spine Society Annual Meeting, San Diego, California, October 14-16, 1993
International Spinal Injection Society: Precise Localization of Low Back Pain and Sciatica, San Diego, California, October 13, 1993
Shoulder Injuries in the Throwing Athlete, Co-Chairman, Daemen College, May 25, 1993
Exercise Prescription as an Adjunct to Manual Medicine, Course Chairman, Philip Greenman, D.O., Mark Bookhout, M.S., P.T., Williamsville, New York, May 22-23, 1993
American Back Society, Buffalo, New York, May 19-21, 1993
Myofascial Release: Robert Ward, D.O., Faculty Member, D'Youville College, February 12-14, 1993.
Cranio-sacral I: Michigan State University, College of Osteopathic Medicine, January 13-17, 1993
Manual Medicine of Extremities in Relationship to Sports Medicine: Michigan State University, College of Osteopathic Medicine, November 20-22, 1992
First World Congress: Low Back Pain and its Relationship to the Sacroiliac Joint, San Diego, CA, November 5-6, 1992
Myofascial Release II: Michigan State University, College of Osteopathic Medicine, Robert Ward, D.O., September 25-27, 1992
American Back Society, New Orleans, LA, May 5-10, 1992
North American Spine Society, Boston, MA, July 8-10, 1992
Craniosacral/Myofascial Release Seminar, John F. Barnes, P.T., Buffalo, NY, April 10-12, 1992
Peace, Love & Healing - workshop with Bernie Siegel, M.D., Roswell Park Cancer Institute, November 21, 1991
American Academy of Physical Medicine and Rehabilitation/American Congress of Rehabilitation Annual Meeting, Washington, D.C., October 27-31, 1991
North American Spine Society, Keystone, Colorado, July 30 - August 4, 1991
American Back Society, Toronto, Canada, May 1-5, 1991
Tutorial on Spine Diagnostic/Therapeutic Injections Under Fluoroscopic Guidance and Spine Radiology: Charles N. Aprill, M.D., Diagnostic Conservative Management, New Orleans, LA, January 7-18, 1991 and May 3-7, 1992
Rehabilitation Sports Medicine III: Focus on Lower Extremity, Rehabilitation Institute of Chicago, December 6-8, 1990
Myofascial Release I: Michigan State University, Robert Ward, D.O., September 28-30, 1990
North American Spine Society - Monterey, CA, August 9-12, 1990
Muscle Imbalances in Low Back Pain: Michigan State University, College of Osteopathic Medicine, Vladamir Janda, M.D., May 7-9, 1990
Manual Medicine: Direct Action Thurst. Michigan State University, College of Osteopathic Medicine,

March 28 - April 1, 1990
Rehabilitation Sports Medicine II: Focus on the Upper Extremity, Rehabilitation Institute of Chicago,
December 14-16, 1989
Tutorial Level I - Muscle Energy Techniques - Michigan State University, College of Osteopathic Medicine,
September 9-13, 1989
North American Spine Society, Quebec City, CA, June 20 - July 2, 1989
Principles of Manual Medicine - Michigan State University, College of Osteopathic Medicine, Part I & II,
November 1988, January 1989
Rehabilitation Sports Medicine: Focus on the Spine in Sports - Rehabilitation Institute of Chicago, December 8-
10, 1988
American Academy of Physical Medicine and Rehabilitation/American Congress of Rehabilitation Medicine,
Orlando, Florida, October 19-24, 1987; Seattle, Washington, October 30, 1988

Teaching / Lectures / Workshops:

"Longevity." TrainSMART, Buffalo, NY April 20, 2026.
"Orthobiologics." TrainSMART, Buffalo NY. April 6, 2026.
"The Movement Assessment Tests-7." TrainSMART, Buffalo, NY. March 2, 2026.
"Physical Examination of the Spine Workshop." SUNY at Buffalo Primary Care Sports Medicine Fellowship. March 26,
2026.
"Peripheral Joint and Spinal Injections Workshop." Jacobs School of Medicine. December 2, 2025.
"Resident Workshop: Physical Examination of the Spine and its Functional Kinetic Chain." University of Rochester.
Orthopedic and Sports Performance Center. November 20, 2025.
"Regenerative Medicine: The Role of Biologics and Exercise." Licata Chiropractic and Wellness. Batavia, NY.
November 7, 2025.
"Guided Injection Workshop." SUNY@ Buffalo, Jacobs School of Medicine and Biomedical Sciences. January 23,2023,
May1, 2024 and 2025
"Lumbar Spine Stabilization Lecture and Workshop." D'Youville University, Dept. of Physical Therapy. Orthopedics I.
October 27, 2025.
"Lumbar Spine Stabilization Lecture and Workshop." D'Youville University, Dept. of Physical Therapy. Orthopedics I.
November 1, 2024.
"Resident Workshop: Physical Examination of the Spine. University of Rochester. Orthopedic and Sports Performance
Center. August 22, 2024.
"Resident Workshop: Physical Examination of the Shoulder, Hip and Knee. University of Rochester. Orthopedic and
Sports Performance Center. July 18, 2024.
"Guided Injection Workshop." SUNY@ Buffalo, Jacobs School of Medicine and Biomedical Sciences. January 23,2023
and May1, 2024.
"Medical Treatment of Cervical and Lumbar Spine Injuries in Athletes." SUNY @ Buffalo Sports Medicine Fellowship
Lecture Series. January 24, 2024. Also 1992-2023.
"Exercise is Regenerative Medicine: From Wear and Tear to Wear and Repair." Course chair and Presenter. Evanston, IL.
December 2, 2023.
"Lumbar Spine Stabilization Lecture and Workshop." D'Youville University, Dept. of Physical Therapy. Orthopedics I.
November 3, 2023.
"Physical Examination of the Shoulder, Hip and Knee." Medical Student Workshop. SUNY @ Buffalo Jacobs School of
Medicine and Biomedical Sciences. November 1, 2023.
"Exercise is Regenerative Medicine: A Functional Kinetic Chain Approach" Chairperson and Presenter. Presented on
original exercises developed for treatment of Osteoarthritis, Hip and Shoulder Labral Tears and Knee Meniscal Tears.
Amherst, NY, November 13, 2021.
"Medical Spine Care: When you classify pain you can treat it not just Manage it." SUNY at Buffalo Neurology Grand
Rounds. Buffalo, NY. September 9, 2021.
"Medical Spine Care: Classifying Pain into 3 Peripheral and 3 Central Mechanisms". Catholic Health Annual Educational
Symposium. Buffalo, NY. May 19, 2021.
"Peripheral Pain Mechanisms." Treating Pain: Alternatives to Opioids. Hosted by: The Erie County Department of Health
and Catholic Health. Buffalo, NY, November 9, 2019.
"Spine Stabilization Lecture and Workshop Levels I-V." Trainsmart, Buffalo, NY September 28, 2019.

- “The Evaluation and Treatment of The Functional Kinetic Chain: Where do we begin?” The Movement Assessment Tests-7. The Shirley Ryan AbilityLab, Chicago, IL, September 24, 2019.
- “The McGill Method: Levels 1-3. Lab Instructor. Buffalo, NY March 29-31, 2019.
- “Overview: Some patients are surgical successes but rehab failures: Here is what you can do about it. The 15th Annual NASS Evidence and Technology Spine Summit. Park City, Utah February 15, 2019.
- “A Functional Kinetic Chain Approach to the Lumbo-Pelvic Region.” Jones Memorial Hospital, Wellsville NY Saturday October 27, 2018.
- “A Functional Kinetic Chain Approach to the Lumbo-Pelvic Region.” Chautauqua Physical and Occupational Therapy, Jamestown NY, Saturday October 20, 2018.
- “Lumbar Spine Stabilization: Evaluation and Treatment in an Efficient Timeframe.” Spinal Exercise Strategies PT 722 A Daemen College Orthopaedic Manual Physical Therapy (OMPT) Fellowship Course, Friday November 2, 2018.
- “Neuromobilizations: Evaluation and Treatment of the Container.” Catholic Health Wednesday November 14, 2018.
- “Overview: Physical Exam Findings to Differentiate Disc from Bone Patholog and Clinical Instability.” The 14th Annual NASS Evidence and Technology Spine Summit, Park City, Utah. February 23, 2018.
- “Core Stabilization.” Washington University in St. Louis. Department of Orthopedics, Section in Physical Medicine and Rehabilitation Guest Lecturer St. Louis, MO. November 17, 2017.
- “Core Stabilization.” WNYPTA Chapter. D’Youville College. Buffalo NY November 15, 2017.
- “Medical Spine Care: Understanding the role of spine stabilization exercises, injections and indications for spine surgery.” Evidence Based Practice in Managing Spine Pain. Catholic Health. Buffalo, NY November 11, 2017.
- “Neuromobilizations: Evaluation and Treatment of the Container.” Daemen College, Fellowship Program, Amherst, NY, November 3, 2017.
- “Medical Spine Care of the Athlete.” University Orthopedic Sports Medicine Lecture Series. Buffalo, NY, September 20, 2017.
- “Lumbar Stabilization: From McGill to Liebson and Back Again.” Daemen College, Fellowship Program, Amherst NY, September 8, 2017.
- “Lumbar Stabilization: From McGill to Liebson and Back Again. Catholic Health, Buffalo, NY, June 2, 2017.
- “Lumbar Stabilization.” The 13th Annual NASS Evidence and Technology Spine Summit, Park City, Utah February 25, 2017.
- “The Aging Spine: Focus on Prevention.” The 13th Annual NASS Evidence and Technology Spine Summit, Park City, Utah February 23, 2017.
- “Medical Spine Care of the Low Back and Neck.” Options for Managing Back and Neck Pain. The Catholic Health System. Buffalo, NY, November 12, 2016.
- “Clinical Pearls in Musculoskeletal Medicine.” The Annual Assembly of the American Academy of Physical Medicine and Rehabilitation. New Orleans, LA, October 21, 2016.
- “The Evaluation and Treatment of the Container-Upper Quarter: The Cervico-Thoracic Region.” The Catholic Health System, April 22, 2016.
- “Platelet Rich Plasma and Stem Cell Therapy Basics.” The 12th Annual NASS-Evidence and Technology and Spine Summit, Park City, Utah February 27, 2016.
- “Body Weight: Squats, Lunges, Step ups/downs and Balance-Reach.” The 12th Annual NASS-Evidence and Technology and Spine Summit, Park City, Utah February 25, 2016.
- “Regenerative Medicine: Platelet Rich Plasma and Stem Cell Therapy.” November 4, 2015 WNYPTA Chapter D’Youville College. Buffalo, NY.
- “The Functional Kinetic Chain in the Throwing Athlete: Injury Prevention and Performance”. Baseball/Softball Injury Prevention and Performance Seminar. AbsolutePerformance, October 3, 2015.
- “Workshop Cervico-Thoracic Evaluation and Treatment.” The 11th Annual NASS-Evidence and Spine Summit, Snowbird, Utah February 27, 2015.
- “Exercises for the Cervical and Thoracic Spine: Motor Control and Endurance.” The 11th Annual NASS-Evidence and Spine Summit, Snowbird, Utah February 27, 2015.
- “Regenerative Medicine of the Spine: Introduction and Overview: Does it have Value.” The 11th Annual NASS-Evidence and Spine Summit, Snowbird, Utah February 26, 2015.
- “The Aging Spine: Focus on Prevention.” The Buffalo Rehab Group-YMCA. Williamsville, NY, January 15, 2015.
- “The Aging Spine: Focus on Prevention.” The Buffalo Rehab Group 2100 Union Rd., West Seneca, NY, February 18, 2015.
- “An Algorithmic Approach to Treating Lumbar Spine Pain.” Lecture and Workshop. Advanced Care Physical Therapy, Niagara Falls Clinic. June 13, 2014.

"The Aging Spine: Focus on Prevention." The Buffalo Rehab Group-YMCA. Williamsville, NY, January 15, 2014.

"The Aging Spine: Focus on Prevention." Chautauqua Physical and Occupational Therapy. Jamestown, NY, December 4, 2013.

"An Algorithmic Approach to Treating Lumbar Spine Pain." Lecture and Workshop. Sports Physical Therapy of New York. Tonawanda, NY Clinic, November 22, 2013.

"The Aging Spine: Focus on Prevention." Grand Rounds, University at Buffalo, Department of Neurosurgery, Gates Vascular Institute. October 31, 2013.

"Motor Control Impairment: Clinical Testing and Treatment." Exercise-Based Management of Lumbar Spine Pain: An Algorithmic Approach to Decision-Making. North American Spine Society, 28th Annual Meeting, New Orleans, LA, October 9, 2013.

"Physical Therapy after Invasive Treatment; Why?" Exercise-Based Management of Lumbar Spine Pain: An Algorithmic Approach to Decision-Making. North American Spine Society, 28th Annual Meeting, New Orleans, LA, October 9, 2013.

"Neck-Shoulder Differential Diagnosis: Anatomy and Biomechanics." North American Spine Society, 28th Annual Meeting, New Orleans, LA, October 11, 2013.

"Workshop on Physical Examination of Neck-Shoulder Differential Diagnosis." North American Spine Society, 28th Annual Meeting, New Orleans, LA, October 11, 2013.

"Overview and Differential Diagnosis" – Pediatric and Adolescents with Low Back Pain. 9th Annual NASS-Evidence and Technology Spine Summit, Park City, Utah February 28, 2013.

"Overview and Focus on Prevention"- The Aging Spine. 9th Annual NASS- Evidence and Technology Spine Summit, Park City, Utah March 1, 2013.

"Evidence Based Physical Therapy"- Cervical Spine Focus on Disc Herniations. 9th Annual NASS-Evidence and Technology Spine Summit, Park City, Utah March 2, 2013.

"Treatment of the Container and Neuromobilizations"- Cervical Spine Radiculopathy. 9th Annual NASS-Evidence and Technology Spine Summit, Park City, Utah March 2, 2013.

"Musculoskeletal Evaluation of the Kinetic Chain." Section on Rehabilitation, Interventions, and Medical Spine: Cervical and Thoracic Pain: Diagnosis and Treatment. NASS Spine Education and Research Center. Burr Ridge, IL, April 27, 2012.

"Exercise III: Rehabilitation Specifics." Section on Rehabilitation, Interventions, and Medical Spine: Cervical and Thoracic Pain: Diagnosis and Treatment. NASS Spine Education and Research Center. Burr Ridge, IL, April 27, 2012.

"Exercise and Posture: Thoracic." Section on Rehabilitation, Interventions, and Medical Spine: Cervical and Thoracic Pain: Diagnosis and Treatment. NASS Spine Education and Research Center. Burr Ridge, IL, April 28, 2012.

"Postural Alignment and What Else Does it Lead to?" Evidence & Technology Spine Summit, Park City, Utah. February 25, 2012.

"How to Evaluate Spine Stability, Endurance and Motor Control: The 10-Minute Evaluation for the Busy Clinician." Evidence & Technology Spine Summit, Park City, Utah. February 23, 2012.

"New Techniques for Discogenic Pain and Stability." Evidence & Technology Spine Summit, Park City, Utah. February 24, 2012.

"The Aging Spine: Focus on Prevention." The Utah Academy of Pain Medicine, Salt Lake City, UT. February 22, 2012.

"Strengthening and Stretching". Instructional Course: Section on Rehabilitation, Interventions and Medical Spine Care: Thoracic Spine Pain. The North American Spine Society, 26th Annual Meeting. Chicago, IL. November 2, 2011.

"Postural Alignment". Instructional Course: Section on Rehabilitation, Interventions and Medical Spine Care: Thoracic Spine Pain. The North American Spine Society, 26th Annual Meeting. Chicago, IL. November 2, 2011.

"Physical Therapy, Chiropractic, and Other Treatments: An adjunct to or when interventional treatments are not indicated." International Spine Intervention Society, 19th Annual Meeting. Chicago, IL. Saturday August 13, 2011. Seventh Annual Evidence & Technology Spine Summit, Park City, Utah. February 2-5, 2011.

"Natural History and Non-op Treatment of Spondylolysis." Evidence & Technology Spine Summit, Park City, Utah. February 4, 2011.

"Non-surgical hands on workshop-Evaluation and treatment of the container in patients with cervical radiculopathy." Evidence & Technology Spine Summit, Park City, Utah February 3, 2011.

"Non-surgical hands on workshop-Evaluation of Spine Stability in a 5-10 Minute Re-

Visit for the Busy Clinician.”

Evidence & Technology Spine Summit, Park City, Utah February 4, 2011.

Sixth Annual Evidence & Technology Spine Summit, Steamboat Springs, CO, January 15-18, 2010.

“Spine Training for Skiing.” Evidence & Technology Spine Summit, Steamboat Springs, CO, January 15, 2010.

“Positional/Harness MRI in Assessment of Lumbar Disc Herniation.” Evidence & Technology Spine Summit, Steamboat Springs, CO, January 15, 2010.

North American Spine Society – 24th Annual Meeting. “Low Back Pain: How to Monitor Progress in Physical Therapy.”

“Pre-season training for the 70 year old golfer: Changes in the golf swing related to spine pathology and following fusion.” San Francisco, CA, November 11-14, 2009.

Rehabilitation Medicine for Spine Surgeons and other Spine Specialists.

“Poorly Responsive LBP: Rehabilitation/Functional Restoration”

“Acute and Subacute Neck and Thoracic Pain: Strength Training Specifics”

North American Spine Society, Burr Ridge, IL, September 12, 2009.

4th Annual Central Virginia Spine Symposium: Accurate Diagnostic and Effective Therapeutic Interventions for Chronic Low Back Pain. The Evaluation and Treatment of the Spine and its Functional Kinetic Chain
Jefferson Hotel, Richmond, VA, April 17-10, 2009.

Fifth Annual Evidence & Technology Spine Summit, Steamboat Springs, CO, February 5-8, 2009.

“Degenerative Scoliosis in Pre-Existing Idiopathic Scoliosis PT, Meds and Brace Treatments”

“Pediatric and Adolescent Non-Op Breakout Session on Evidence-Based Treatments for Special Populations with Spine Conditions”

“The Role for Physical Therapy: Non-Op Breakout Session on SI Joint Pain”

The 4th Annual Emerging Technologies of the Spine, Jackson Hole, WY, February 6-10, 2008.

“The Physical Examination of the Shoulder Region.” AAPMR 69th Annual Assembly Resident Section, San Diego, CA, November 20, 2008.

“The Shoulder-Neck Syndrome.” AAPMR 69th Annual Assembly, San Diego, CA, November 20, 2008.

“The Evaluation and Treatment of the Upper Quarter.” AAPMR 69th Annual Assembly, San Diego, CA, November 21, 2008.

“The Athletic Shoulder: Multi-directional Instability.” AAPMR 69th Annual Assembly, San Diego, CA, November 22, 2008

Evaluating and Treating the Athlete and Non-Athlete: Functional Based Exercise and Manual Therapy Interventions, Course Chairman, Orthopedic Spine and Specialists, York, PA, November 8-9, 2008..

Evaluating and Treating the Athlete and Non-Athlete: Functional Based Exercise and Manual Therapy Interventions, Course Chairman, University of Rochester Medical Center, Dept., of Orthopedics, Rochester, NY, September, 6-7, 2008.

Rehabilitation of Spinal Disorders: Focus on Exercise. Injury Prevention Seminars: Advances in Athletic Conditioning and Injury Prevention for the New Millennium. Ralph Wilson Stadium, Orchard Park, NY, February 29, 2008.]

When All Else Fails: From More PT to Surgery. The New York State Chiropractic Association Annual Meeting, D’Youville College, Buffalo, NY, June 28, 2007.

The Aging Spine: Focus on Prevention. Rochester Spine Study Group, June 15, 2006, Rochester, NY

The Aging Spine: Focus on Prevention. Kenmore Mercy Hospital Medical Staff Grand Rounds, Kenmore, NY, April 4, 2006.

The Functional Kinetic Chain: Lecture and Workshop. The Avalon Cole Lecture, University of Virginia, Dept. of Physical Medicine and Rehabilitation, Charlottesville, VA, March 24, 2006.

The Aging Spine: Focus on Prevention. Presented at The Rehabilitation Institute of Chicago, August 25, 2005.

The Aging Spine: Focus on Prevention. Presented at The Northeast YMCA for Active Older Adults Week, Amherst, NY, April 26, 2005.

Functional Exercise: The Key to Extending Your “Health Span” and Preventing Injury; Elmwood Franklin School, Buffalo, New York, April 4, 2005

Clinical Evaluation of the Lower Extremity: A Kinetic Chain Approach, Musculoskeletal & Sports Medicine: A Biomechanical Approach to the Lower Limb in Function and Dysfunction; University of Washington, Seattle, Washington, April 2, 2005

A Functional Approach to the Rehabilitation of Lower Extremity Disorders, Musculoskeletal & Sports Medicine: A Biomechanical Approach to the Lower Limb in Function and Dysfunction; University of Washington, Seattle, Washington, April 2, 2005

- The Aging Spine: Focus on Prevention: Emerging Technologies Spine Education Summit, Telluride, Colorado, March 4, 2005
- The Aging Spine: Focus on Prevention, Grand Rounds, University of Rochester, Department of Physical Medicine & Rehabilitation, Rochester, New York, February 10, 2005
- Joint Play of the Wrist and Hand / Treatment of the Container: Upper Quarter, presented to The Hand Therapists of Western New York, Buffalo Spine & Sports Institute, PC, January 7, 2005.
- Functional Joint Mobilization: Integrating Manual Therapy & Exercise, NAAS, October 20, 2004
- The Aging Spine, North American Spine Society Annual Meeting, October 20, 2004
- Overview of Adverse Neurodynamic Tension, St. Vincent's Sports Medicine, Erie, PA, September 17-18, 2004
- The Gray Areas of McGill: Where Function Meets Science, St. Vincent's Sports Medicine, Erie, PA, September 17-18, 2004
- The Functional Kinetic Chain: Focus on Prevention, St. Vincent's Sports Medicine, Erie, PA, May 8, 2004
- The Aging Spine: Focus on Prevention, Erie, PA, May 2004
- Functional Progression: Lower Body, Erie, PA, May 2004
- Functional Retraining: From Reactivation to Performance Enhancement, National Academy of Sports Medicine, Los Angeles, CA, April 2-4, 2004
- The Aging Spine: Focus on Prevention- Your Future, Your Lifestyle, Your Choice: An Alive & Lively Seminar, Sponsored by Buffalo Spine and Sports Institute in conjunction with Blue Cross & Blue Shield of WNY, February 26, 2004
- Joint Play of the Wrist and Hand, Durango, Colorado, March 2004
- Overview of Adverse Neurodynamic Tension, Durango, Colorado, March 2004
- Quality of Movement Assessment – Functional Assessment of the kinetic chain: Six Basic Functional Tests: Durango, Colorado, March 2004
- The Gray Areas of McGill: Where Function meets Science, Durango, Colorado, March, 2004
- Upper Limb Dynamic Neural Tension: Treating the Container, Durango, Colorado, March 2004
- The Functional Kinetic Chain: Focus on Prevention, University of Colorado, Health Sciences Center, Denver, February 13-14, 2004
- The Aging Spine: Focus on Prevention, University of Colorado, Health Sciences Center, Denver, February 13-14, 2004.
- Nutrition for Healing, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, October 30, 2003.
- The Functional Kinetic Chain: Focus on Prevention, U.B. Sports Medicine Institute, Buffalo, New York, October 21, 2003
- The Aging Spine: Focus on Prevention, Primary Care Summit, Kenmore Mercy Hospital, Buffalo, New York, October 8, 2003
- The Aging Spine: Focus on Prevention, Michael Hage Lecture, Rehabilitation Institute of Chicago, Chicago, Illinois, August 9, 2003
- Functional Based Exercises, Jones Memorial Hospital, Department of Rehabilitation, Wellsville, New York, May 18, 2003
- Assessing Core Muscle Function, Jones Memorial Hospital, Department of Rehabilitation, Wellsville, New York, May 18, 2003
- The Functional Kinetic Chain, Jones Memorial Hospital, Department of Rehabilitation, Wellsville, New York, May 17, 2003
- Rehabilitation Sports Medicine XV, Sports-Specific Functional Rehabilitation: Upper Limb Dominant Sports, Chicago, Illinois, April 24-26, 2003
- Aging of the Spine: Is it Inevitable?, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, April 3, 2003
- Concepts & Principles Regarding Muscle Imbalances, Durango, Colorado, February 2003
- The Functional Kinetic Chain, Durango, Colorado, February 2003
- Hip, Pelvis, Thigh Sports Injuries, combined Fellowship Sports Medicine Lecture Series for Northtowns Orthopedic and Buffalo Spine & Sports Medicine, PC, January 14, 2003
- Scientific Basis of the Physiatric Physical Examination of the Spine: A Functional Approach, combined Fellowship Sports Medicine Lecture Series for Northtowns Orthopedic and Buffalo Spine & Sports Medicine, PC, October 8, 2002
- SUNY at Buffalo, School of Medicine & Biomedical Sciences, Erie County Medical Center, Buffalo, New York, Resident Tutorial, September 25, 2002; October 2, 2002; October 9, 2002
- Joint Play of the Foot & Ankle, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, June 14, 2002
- Joint Play of the Wrist & Hand, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, May, 2002
- Core Muscle Function: Neutral Spine Stabilization vs. Controlled Mobility, 3rd Annual Sports Medicine Symposium, Northtowns Orthopedics, PC, Amherst, New York, May 4, 2002
- Rehabilitation Sports Medicine XIV, Sports-Specific Functional Rehabilitation: Controversies in Running-Related

- Sports, Chicago, Illinois, December 2001
- Michigan State University, College of Osteopathic Medicine, Faculty - Exercise Prescription as an Adjunct to Manual Medicine, November 7-11, 2001
- Coaches Clinic on Injury Prevention, Nichols School, October 23, 2001
- Scientific Basis of the Physiatric Physical Examination of the Spine: A Functional Approach, Daemen College Physician's Assistant Program, August 10, 2001
- Michigan State University, College of Osteopathic Medicine, Faculty - Exercise Prescription as an Adjunct to Manual Medicine, May 16-20, 2001
- Insuring Good Clinical Outcomes & Reaching Appropriate End Points, Buffalo Claims Association, 10th Annual Educational Seminar Day, with Frederick B. McAdam, MD, May 9, 2001
- Diagnosis and Management of Low Back Pain for the Primary Care Physician, Daemen College, April 2001
- Principles of Differential Diagnosis of Low Back Pain, Daemen College, April 2001
- Functional Evaluation & Treatment of Lower Extremity & Core Muscle Function, Advanced Athletic Training, Canisius College, March 21, 2001
- The Role of Manual Medicine & Exercise in Sports & Industry; Lower Extremity Retraining, sponsored by the Rehabilitation Institute of Chicago, December 7-9, 2000
- The Role of Manual Medicine & Exercise in Sports & Industry; Sensori-motor Retraining / Evaluation of Adverse Neurodynamic Tension - Is it Muscle Tightness or Nerve Tension? Sponsored by the Rehabilitation Institute of Chicago, December 7-9, 2000.
- The Role of Manual Medicine & Exercise in Sports & Industry; Lower Quarter / Adverse Neurodynamic Tension Evaluation & Treatment, sponsored by the Rehabilitation Institute of Chicago, December 7-9, 2000
- Evaluation & Treatment of Adverse Neurodynamic Tension in the Nervous System, Daemen College, April 25, 2000
- Physiatric Physical Examination of the Spine: How it Helps in the Rehabilitation Program, Kessler Institute for Rehabilitation, March 30, 2000
- Physiatric Physical Examination of the Spine: How it Helps in the Rehabilitation Program, 16th Annual Physical Medicine & Rehabilitation Update, Park City, Utah, January 30, 2000
- Physiatric Physical Examination of the Spine: How it Helps in the Rehabilitation Program, SUNY @ Buffalo, Department of Rehabilitation Medicine, Buffalo, New York, January 12, 2000
- Complete and Accurate Diagnosis: The Vicious Overload Cycle, Northtowns Orthopedic, Lecture Series, Buffalo, New York, January 4, 2000
- Spinal Disorders: Current Concepts in the Clinical Management of Spine Pathology; Physiatric Physical Examination of the Spine: How it Helps in the Rehabilitation Program, Daemen College, Buffalo, NY, November 19, 1999
- The Functional Approach to Musculoskeletal Medicine: Adverse Neural Dynamic Tension of the Spine and Lower Extremities, Co-chairman, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, October 15-17, 1999
- The Functional Approach to Musculoskeletal Medicine: Gluteal Retraining, Co-chairman, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, October 15-17, 1999
- The Functional Approach to Musculoskeletal Medicine: Mobilization of the Anterior Lower Quarter, Co-chairman, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, October 15-17, 1999
- Exercise & Nutrition, Chairman, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, August 5, 1999
- Exercise & Nutrition, Chairman, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, May 20, 1999
- The Principles and Treatment of Muscle Imbalances in Musculoskeletal and Sports Injuries: The Cervico-Thoracic & Scapular Regions, Course Chairman, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, April 24, 1999
- Michigan State University, College of Osteopathic Medicine, Faculty - Exercise Prescription as an Adjunct to Manual Medicine, Level II, January 1999
- Breaking Down the Walls: The Physical Exam & Treatment of Muscle Imbalances/Neuromobilizations in Musculoskeletal and Sports Injuries: The Lumbo-Pelvic Region, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, December 6, 1998, Course Chairman
- The Physical Examination & Treatment of Muscle Imbalances/Neuromobilizations in Musculoskeletal & Sports Injuries: The Lumbo-Pelvic Region, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, October 24, 1998, Course Chairman
- Prevention of Low Back Pain, Chairman, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York,

October 1, 1998
History & Physical Examination of the Lumbo-pelvic Region, presented to Physician Assistant Students, Daemen College, March 27, 1998
Michigan State University, College of Osteopathic Medicine, Faculty - Exercise Prescription as an Adjunct to Manual Medicine, Level II, January 1998
Exercise & Exercise Equipment, What You Need to Know Before Buying Another Piece of Exercise Equipment, Chairman, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, December 4, 1997
Michigan State University, College of Osteopathic Medicine, Faculty - Exercise Prescription as an Adjunct to Manual Medicine, Level I, November 1997.
Physical Examination & Treatment of the Spine: A Practical Approach for the Primary Care Clinician with Emphasis on Muscle Imbalances and Neuromobilizations, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, November 15, 1997, Course Chairman

Level-II: Muscle Imbalances - Emphasis on Combined Craniosacral & Neuromobilization Techniques, Chairman, sponsored by Buffalo Spine & Sports Medicine, Williamsville, New York, October 25, 1997
The Rapid Evaluation & Treatment of Musculoskeletal & Spine Injuries: Hip, Pelvis & Thigh Injuries, D'Youville College, presented to physician assistants and nurse practitioners, Buffalo, NY, April 12, 1997
The Principles & Treatment of Muscle Imbalances & Myofascial Release in Musculoskeletal & Sports Injuries: The Cervical-Thoracic & Scapular Regions, Chairman, Canton, Ohio, April 5, 1997
Michigan State University, College of Osteopathic Medicine, Faculty - Exercise Prescription as an Adjunct to Manual Medicine, Level I, March 1997
Muscle Imbalances - Lumbo-pelvic Region, Chairman, sponsored by Buffalo Spine & Sports Medicine, PC, Williamsville, New York, November 1996
Michigan State University, College of Osteopathic Medicine, Faculty - Exercise Prescription as an Adjunct to Manual Medicine, Level I, September 1996
The Principles & Treatment of Muscle Imbalances in Musculoskeletal & Sports Injuries: The Lumbo-Pelvic Region, Chairman, sponsored by Buffalo Spine & Sports Medicine, PC, Williamsville, New York, June 1, 1996
Muscle Imbalances - Cervical, Thoracic Region, Chairman, sponsored by Buffalo Spine & Sports Medicine, PC, Williamsville, New York, May 1996
The Principles & Treatment of Muscle Imbalances in Musculoskeletal & Sports Injuries: The Lumbo-Pelvic Region - Including Myofascial Release Techniques, Chairman, Canton, Ohio, April 13-14, 1996
Michigan State University, College of Osteopathic Medicine, Faculty - Exercise Prescription as an Adjunct to Manual Medicine, Level I, March 1996
Muscle Imbalances - Lumbo-pelvic Region, Chairman, Sponsored by Buffalo Spine & Sports Medicine, PC, Williamsville, New York, November 1995
Michigan State University, College of Osteopathic Medicine, Faculty - Exercise Prescription as an Adjunct to Manual Medicine, Level I, September 1995
Michigan State University, College of Osteopathic Medicine, Faculty - Principle of Manual Medicine, June 1995
Michigan State University Faculty, College of Osteopathic Medicine, - Exercise Prescription as an Adjunct to Manual Medicine, Level I, March 17-19, 1995
Manual Medicine Course - Course Coordinator, Daemen College, Division of Graduate Physical Therapy, Amherst, New York, 1995 - Present
Michigan State University, College of Osteopathic Medicine, Faculty - Exercise Prescription as an Adjunct to Manual Medicine - Level I, September 30 - October 3, 1994
The Sports Medicine of Soccer, Including Lower Extremity & Spine Injuries in Sports, Chairman, Daemen College, August 25, 1994
Michigan State University, College of Osteopathic Medicine, Faculty - Principle of Manual Medicine, June 1994
Muscle Imbalances Predisposing to Musculoskeletal Injuries, Grand Round Lecture, Rehabilitation Institute of Chicago, April 6, 1994
Shoulder Injuries in the Throwing Athlete, Co-Chairman, Daemen College, May 25, 1993
Rehabilitation Institute of Chicago - Dept. of Rehabilitation Medicine, Spinal Injections, May 13, 1993
American Back Society Faculty Annual Meeting, Buffalo, New York, May 1993
Michigan State University, College of Osteopathic Medicine, Faculty - Principle of Manual Medicine, December 1992
American Back Society Faculty Annual Meeting, New Orleans, LA, May 1992
Michigan State University, College of Osteopathic Medicine, Faculty - Principle of Manual Medicine,

December 1991
Rehabilitation Institute of Chicago - Dept. of Rehabilitation Medicine, December 6, 1991, Athletic Injuries of the Hip, Pelvis & Thigh
American Academy of Physical Medicine & Rehabilitation - Faculty Annual Meeting - Selected Lower Extremity Injuries in Sports, Washington, D.C., October 27-31, 1991
U.B. Alumni Dental Annual Meeting, Low Back Pain in the Dental Profession, Buffalo, New York, September 26, 1991
American Back Society Faculty Annual Meeting, Toronto, Ontario, Canada, May 1-5, 1991
Mechanical Disorders of the Pelvis/Sacroiliac Region, Course Co-Chairman/Lecturer: Muscle Imbalances, Williamsville, NY, November 3, 1990
Orthopedic Evaluation of the Upper Extremity: Shoulder Impingement, November 2, 1990, Sponsored by the Occupational Therapy Association
Principles of Manual Medicine and Muscle Energy Technique - Philip Greenman, DO, October 5-8, 1990, Williamsville, NY, Course Co-Coordinator and Instructor
Non-operative Treatment of Lumbar HNP/Radiculopathy. Grand Rounds, Neurosurgery, September 13, 1990
Spinal Orthotics - Course Co-Chairman and Lecturer in Cervical Lumbar Orthoses and Spine Stabilizing Exercises, April 19-21, 1989
Spine Stabilizing Exercises - Grand Rounds - SUNY-Buffalo, Department of Rehabilitation Medicine, February 23, 1989
The Role of the Physiatrist as the Primary Care Physician in the Management of Low Back Pain - Grand Rounds - SUNY-Buffalo, Department of Rehabilitation Medicine, November 19, 1988
Functional Anatomy and Biomechanics of the Lumbar Spine - Grand Rounds - SUNY/Buffalo, Department of Rehabilitation Medicine, August 12, 1988
Differential Diagnosis of Low Back Pain and Sciatica. A Challenge to the Primary Care Physician - Grand Rounds - Family Practice Residents, Niagara Falls Memorial Medical Center, February 5, 1988 and Internal Medicine Resident - Buffalo Mercy Hospital, April 21, 1988
Correlation of Physical Exam, EMG and CT in Cervical Radiculopathy (Myofascial Pain as Pseudoradiculopathy), December 30, 1987
SUNY at Buffalo - Department of Neurology - Grand Rounds, Aggressive Conservative Management of Low Back Pain, September 30, 1987
Lumbar Spine Disorders: Topic - The Non-discogenic Causes of Back Pain and Sciatica, sponsored by Independent Health, September 16, 1987
Physical Medicine and Rehabilitation Principles in the Diagnosis and Treatment of Low Back Pain, Western New York Nurse Practitioners Association, June 1, 1987
Osteoporosis: Topic - Rehabilitation Principles in Osteoporosis, Buffalo General Hospital, October 1986
SUNY at Buffalo Departments of Rehabilitation Medicine, Neurosurgery, Geriatric Medicine, Family Medicine and Internal Medicine in Selected Topics in Musculoskeletal Medicine, 1985 – Present.

Community Service:

- Board of Directors, Schofield Care. 2023-present.
- Your Aging Spine and Joints: Focus on Prevention. D'Youville University, Health Professions HUB, September 7, 2023.
- Your Aging Spine: Focus on Prevention." Independent Health. Lunch and Learn. September 27, 2019.
- Your Aging Spine: Focus on Prevention." Chautauqua Physical and Occupational Therapy, Jamestown, NY, June 14, 2019.
- Your Aging Spine: Focus on Prevention." Buffalo Rehab Group, YMCA, Williamsville, NY January 8, 2019.
- Your Aging Spine: Focus on Prevention." Buffalo Rehab Group, Hamburg, NY, January 15, 2019.

- Your Aging Spine: Focus on Prevention.” Chautauqua Physical and Occupational Therapy, Jamestown, NY, March 17, 2018.
- Your Aging Spine: Focus on Prevention.” Buffalo Rehab Group, YMCA, Williamsville, NY February 13, 2018.
- Your Aging Spine: Focus on Prevention.” Buffalo Rehab Group, Hamburg, NY, January 24, 2018.
- “Your Aging Spine: Focus on Prevention.” Chautauqua Physical and Occupational Therapy, Jamestown, NY, March 9, 2017.
- “Your Aging Spine: Focus on Prevention.” The Buffalo Rehab Group 2100 Union Rd. West Seneca, NY February 7, 2017.
- “Your Aging Spine: Focus on Prevention.” The Buffalo Rehab Group- YMCA. Williamsville, NY January 11, 2017.
- “The Aging Spine: Focus on Prevention.” The Buffalo Rehab Group-YMCA. Williamsville, NY, January 21, 2017.
- Coaches Clinic: Injury Prevention. Nichols School. Buffalo, NY, September 21, 2017.
- “The Aging Spine: Focus on Prevention.” The Buffalo Rehab Group 2100 Union Rd., West Seneca, NY, February 27, 2016.
- “The Aging Spine: Focus on Prevention.” The Buffalo Rehab Group 2100 Union Rd., West Seneca, NY, February 18, 2015.
- The Aging Spine: Focus on Prevention. The Buffalo Rehab Group-YMCA and Family Center Williamsville, NY, January 15, 2014.
- The Aging Spine: Focus on Prevention. Chautauqua Physical and Occupational Therapy. Jamestown, NY December 4, 2013.
- The Aging Spine: Focus on Prevention. The Buffalo Rehab Group-YMCA and Family Center. February 20, 2013.
- The Aging Spine: Focus on Prevention. Presented at The Northeast YMCA for Active Older Adults Week, Amherst, NY, April 26, 2005.
- Functional Exercise: The Key to Extending Your “Health Span” and Preventing Injury; Elmwood Franklin School, Buffalo, New York, April 4, 2005.
- The Aging Spine: Focus on Prevention @ The Century Park Men’s Club, October 4, 2005.
- The Aging Spine: Focus on Prevention @ The Northeast YMCA – Active Older Adult Week, April 26, 2005
- Functional Exercise: The Key to Extending Your “ Health Span”, Presented to the Faculty of the Elmwood Franklin School. April 4, 2005.
- Frailty, presented at Buffalo Spine & Sports Institute, February 2005.
- The Aging Spine – Focus on Prevention, presented at Buffalo Spine & Sports Institute, February 26, 2004.
- Nutrition and healing, presented at Buffalo Spine & Sports Institute, October 31, 2003.
- Preparing for Ski Season: Functional Training, presented to the Kissing Bridge Ski School Instructors, Colden, New York, November, 2003.
- Exercise & Nutrition, for the community, presented semi-annually at Buffalo Spine & Sports Medicine, PC
- Coaches Clinic on Injury Prevention, Nichols School, Buffalo, New York, October 23, 2001
- Insuring Good Clinical Outcomes & Reaching Appropriate End Points, Buffalo Claims Association, 10th Annual Educational Seminar Day, Buffalo, New York, May 9, 2001
- Athletic Injury Prevention: Is Stretching More Important Than Strengthening? Including: Assessment of Proper Muscle Balance. How to Stretch Muscles Properly? When to Stretch, presented at West Seneca Education Center to high school coaches, March 26, 1998
- Preparation for Ski Season: Including: Preventing Injuries, Combining Flexibility, Strength & Coordination, presented at Century-Airport Pediatrics, October 28, 1997
- Athletic Injury Prevention: Is Stretching More Important Than Strengthening? Including: Assessment of Proper Muscle Balance. How to Stretch Muscles Properly? When to Stretch, presented at Century-Airport Pediatrics, June 11, 1997
- Youth Soccer Injuries: Including: Head Balls and Head Injuries — Are Our Children at Risk? Proper Stretching Techniques for Injury Prevention, presented at Century-Airport Pediatrics, February 6, 1997
- How Objective are "Objective" Tests - Corporate Health Seminar, University Inn Conference Center, November 16, 1993.
- Amherst Soccer Association Coach, U12 Boys - 1992 - 2002

AthletiCare - Team Physician for Gus Macher and Jumping Jack Basketball Tournaments - 1992 & 1993
Volunteer Physician for World University Games - Buffalo, New York - 1993
Arthritis Foundation of Western New York
- Board of Directors 1989 - 1991
- Telethon 1989
- Speaker at self-help groups